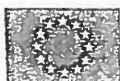


ANNEX 1 (Application for access to documents – Ref GestDem No 2015/5127)

List of relevant mission reports with summaries of meetings to which JRC staff has participated.



MISSION REPORT 1

Mission Objective: Participation in the 3rd meeting of the Steering Group for the Evaluation of the EU Strategy on Nutrition, Overweight and Obesity-related health issues

Date and Place: 18 December 2012, Brussels, Belgium

Name of Mission Holder	Mission Number	Unit Name/Number
[REDACTED]	OM-12- DF-12-745533	PHPS/I2

Other Participants from the JRC / EC	Institute / DG	Unit Name/Number
[REDACTED]	DG SANCO	C4
[REDACTED]	DG SANCO	E4
[REDACTED]	DG SANCO	01
[REDACTED]	DG SANCO	C2
[REDACTED]	DG RTD	E3
[REDACTED]	DG RTD	F2
[REDACTED]	DG AGRI	C2
[REDACTED]	DG AGRI	D3
[REDACTED]	DG CNECT	A1
[REDACTED]	SG	

Other External Participants	Organisation
Five Member State representatives of the High Level Group on Nutrition and Physical activity [REDACTED]	EU MS & Norway, Switzerland, governmental WHO

Summary of the Mission:

The purpose of the mission was to participate in the 3rd meeting of the Steering Group, of which I am member for the JRC, for the Evaluation of the EU Strategy on Nutrition, Overweight and Obesity-related health issues, the so-called "Nutrition Strategy" (COM(2007) 279 final). The external contractor presented the interim report, the progress to date and their selected preliminary findings. The report marks the mid-point of the second phase of the evaluation project, which is dedicated to data collection and initial analysis. At this point the contractor has consulted 112 out of 215 stakeholders.

Overall, the steering group welcomed the interim report, which already has some interesting preliminary results. The steering group then commented on the overall approach and gave some specific feedback to the contractor:

- A strong comment came from [REDACTED] (SG) who questioned whether the causality link was properly analysed in this evaluation as it would be important to analyse whether the outcome would have been different without the Strategy in place. He also

mentioned that the evaluation should address the element of possible burdens on SME's due to measures implemented. DG SANCO replied to this by saying that an evaluation of this kind, which brings together several different projects and programs with the aim of fighting obesity, cannot address the link to causality in the same way as other (programme) evaluations with a more limited scope. In the area of public health, it is difficult because of factors that are difficult to measure

- [REDACTED] (WHO) commented that the evaluation should also take into account industry market strategies and policies. Market strategies involving certain pictures and colours on the products could have an effect on the consumer's choice of (unhealthy) foods and there would be a need to look at all factors that can influence the increasing obesity rates.
- I highlighted that while changes in BMI and prevalence of obesity are undoubtedly very important indicators to evaluate impact of nutrition and physical activity interventions there are other direct health beneficial effects of good dietary and lifestyle practices independent from improving obesity prevalence. Highly desirable would be therefore additional data on developments of major diet and physical activity related risk factors for noncommunicable diseases, such as on hypertension prevalence (or data on (systolic) blood pressure), hyperlipidemia prevalence (or data on blood lipids), and on prevalence of diabetes/impaired glucose tolerance (or data on fasting glucose). All those indicators may reflect beneficial effects of measures linked to the Nutrition Strategy, such as the EU framework for food reformulation towards reducing intakes of salt (reduction in hypertension and cardiovascular disease) and saturated and trans fats (blood lipids and cardiovascular disease). Moreover, given the short time frame since the start of the EU strategy in 2007 and the latest data availability mostly from 2009/2010, those indicators are known to respond faster to changes in population diet and lifestyle behaviours compared to population obesity prevalence. These comments were well received by both the steering group and the contractor who committed to aim for including as much as possible these additional indicators.

Implications/Impact/Actions:

- This external evaluation will provide a useful input to the Commission for deciding the policy priorities in the area of nutrition, physical activity and health, in particular related to chronic noncommunicable diseases. Our involvement as 'in-house science service' is very much appreciated by our DG SANCO (C4) colleagues during and after this evaluation process.
- The draft final report should be delivered on 27 March 2013 and the final evaluation report is expected in April 2013.
- The next Steering Group meeting to examine the draft final evaluation report is scheduled to take place on 18 April 2013. The evaluation report will also be discussed among HLG and EU Platform members at a joint meeting in June 2013.

Copy: [REDACTED]

Signed: [REDACTED]

Date: [REDACTED]

Approved: [REDACTED]

Date: [REDACTED]



MISSION REPORT 2

Mission Objective: 3rd and final workshop of the JRC Foresight study
"Tomorrow's healthy society – research priorities for foods and diets"

Date and Place: 14th -16th October 2013, Brussels, Belgium

Name of Mission Holder	Mission Number	Unit Name/Number
[REDACTED]	DF -13 - 842617	PHPS/I2
[REDACTED]	DF -13 - 842663	PHPS/I2

Other Participants from the JRC / EC	Institute / DG	Unit Name/Number
[REDACTED]	DG SANCO	E4
	DG RTD	E3
	DG HR	
	JRC	D5
	JRC	A1

Other External Participants	Organisation
Various stakeholders in the fields of food, nutrition, health, economics etc.	Public health representatives from MS, WHO Europe, academia, NGOs, industry

Summary of the Mission:

This was the last workshop of the one year foresight study "tomorrow's healthy society: research priorities for foods and diets. The study was commissioned by DG RTD and its aim is to identify research directions for the area of food and health with a time horizon of 2050. The aim of the final workshop was to finalise and validate scenarios, identify key challenges and opportunities related to foods, diets and health for each scenario and develop research directions addressing those challenges or helping to make opportunities become reality.

The JRC brought together over 50 participants from different disciplines and through a series of structured but highly participative sessions have now identified over 30 opportunities and challenges ahead in the areas of foods, diets and health. For each of these, the participants proposed an average of 4 or more research directions making the outcome of the workshop an excellent and already quite advanced starting point for our further work. The work was supported by DG HR facilitators and [REDACTED] and external expert in participatory methods' (LJM consultancy).

Implications/Impact/Actions:

- As explained above, the material obtained is invaluable for the progression of our study and of the final report to be delivered to DG RTD by the end 2013/beginning 2014.
- The feedback from the participants was overwhelmingly positive both in what regards the scientific outcome of the workshop but also regarding the year long process that we all hosted.
- To couple the 'art of participatory methods' with 'the scientific structured foresight methodology' in this project was an experiment in itself. It proved quite resource-intensive but extremely rewarding (both on a personal level and in terms of its output). It will be interesting and informative to compare the outcome of our process with other more traditional approaches to foresight.

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Date: 21-11-2013

Approved: 

Date: 21-11-2013





MISSION REPORT 3

Mission Objective: 4th steering group meeting for the JRC Foresight study
"Tomorrow's healthy society – research priorities for foods and diets"

Date and Place: 13th September 2013, Brussels, Belgium

Name of Mission Holder	Mission Number	Unit Name/Number
[REDACTED]	OM- 13- 828942	PHPS/I2

Other Participants from the JRC / EC	Institute / DG	Unit Name/Number
[REDACTED]	DG SANCO	C4
	DG SANCO	E4
	DG RTD	E3
	DG HR	
	JRC	D5
	JRC	A1

Other External Participants	Organisation
- 3 external members of the steering group	

Summary of the Mission:

The purpose of the mission was to participate in the 4th meeting of the steering group for the JRC Foresight study "Tomorrow's healthy society – research priorities for foods and diets", a JRC inter-institutional (A1 (lead), I2 and D5) study commissioned by DG RTD.

The main purpose of this meeting was to discuss:

- To discuss the consolidated scenarios including the comments of the Workshop 2 participants
- To discuss the approaches to be used in the final workshop
- To discuss the comments of the Workshop 2 participants to the Conceptual Model of the food and health system
- To discuss the structure of the final project report

The Steering Committee largely agreed with the descriptions of the scenarios and the narratives. Nevertheless, a further differentiation of the scenarios could be a useful warming-up

exercise in the upcoming workshop. Items to be further developed should be identified to facilitate focussing this step. Guiding questions were deemed useful to facilitate the further differentiation of the scenarios. These questions should not aim at developing more details. The proposed one page scheme per scenario ("Quick guide") was accepted, being a useful help for the participants as an easy to use reminder of scenario characteristics. Currently lacking causalities in the scenarios are expected to become clearer with the identification of research needs in Workshop 3.

To foster an integrated approach, opportunities and challenges identified by participants for each scenario should be the starting points for the identification of research needs. The necessary level of detail of the research directions in the context of Horizon 2020 needs to be clarified with DG Research and Innovation. The required additional information regarding potential impacts of the identified research will be implicitly covered to a certain extent through the link to the opportunities and challenges. A clear explanation of the approach at the workshop will be required.

The proposed changes to the conceptual model were briefly discussed and the amendments agreed during the meeting.

Finally, the proposed structure of the final report was discussed briefly and agreed by the SC members.

Implications/Impact/Actions:

- The final workshop will be held on 15-16 October 2013 in Brussels. Aim is to validate the four scenarios and narratives, and to identify challenges & opportunities within each scenario and come up with research directions in the area of food and health that can potentially have an impact.
- The JRC team will connect via telephone conferences and prepare the workshop along the suggestions (guiding questions, topics to focus on for scenario validation, clarification of approach for identifying challenges & opportunities as well as research needs).

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Date:

Approved:

Date:

2/12/13



EUROPEAN COMMISSION
JOINT RESEARCH CENTRE

Institute for Health and Consumer Protection

MISSION REPORT

4

Mission Objective: Meeting with the Foresight and Behavioural Insights Unit.
Date and Place: 2-3rd February 2015, Brussels

Name of Mission Holder	Mission Number	Unit Name/Number
[REDACTED]	DF-15-1016484	
	DF-15-1016448	PHPS

Other Participants from the JRC / EC	Institute / DG	Unit Name/Number
[REDACTED]	JRC/TRMM	D.5
[REDACTED]	JRC/TRMM	D.5
[REDACTED]	JRC/Brussels	FBI unit
[REDACTED]	JRC/Brussels	FBI unit
[REDACTED]	JRC/Brussels	FBI unit
[REDACTED]	JRC/Brussels	FBI unit
[REDACTED]	JRC/Brussels	FBI unit
[REDACTED]	JRC/Brussels	FBI unit
[REDACTED]	JRC/IPTS	J.4
[REDACTED]	DG SANTE	Adviser for safety of the food chain for Acting DG L. Miko

Other External Participants	Organisation

Summary of the Mission:

[REDACTED] are involved in the DG-SANTE commissioned study "Delivering on EU Food Safety and Nutrition in 2050 – Future challenges and policy preparedness". This two-day meeting served to present and collect feedback from DG SANTE [REDACTED] outline the upcoming March workshop and agree on future tasks and their distribution.

Implications:

SANTE is pleased with the course and output of the study so far. We will proceed with our work on the agreed scenarios in the upcoming workshop with external experts (18-19 May 2015). During this workshop we will identify challenges for food safety and nutrition in these four alternative future worlds.

Copy: [REDACTED]

Signed: [REDACTED]

Date: 04/02/2015

Approved: [REDACTED]

Date: [REDACTED]



MISSION REPORT 5

Mission Objective: Giving invited presentation on "Recent developments and publications" to the EU Platform for Action on diet, physical activity and health

Date and Place: 5-6 February 2014, Brussels, Belgium

Name of Mission Holder	Mission Number	Unit Name/Number
[REDACTED]	OM-14-881882	PHPS/I.2

Other Participants from the JRC / EC	Institute / DG	Unit Name/Number
[REDACTED]	DG SANCO	C3 (acting C director)
[REDACTED]	DG SANCO	C4
[REDACTED]	DG SANCO	E4

Other External Participants	Organisation
Stakeholders in EU Platform	Industry and industry associations, NGOs, interest groups, academia

Summary of the Mission:

On invitation by DG SANCO I presented to the EU Platform for Action on diet, physical Activity and health recent developments and publications in the science and policy environment. This presentation is a service from the European Commission to this stakeholder forum and the JRC has taken over this task from DG SANCO following a meeting between JRC I2 and SANCO C4 Heads of Unit [REDACTED] and [REDACTED] on 9 January 2014. The content of the presentation is determined by inputs from SANCO colleagues, JRC colleagues, input from the EU Platform and a selection of scientific articles and reports that is oriented towards the main topic addressed during the day. There was a lively discussion following my talk, which is, as the chairs (DG SANCO) confirmed, a sign of interest and attention of the forum to the suggestions of the scientific community in relation to the commitments and actions by EU Platform members. The main topic on 6 February was childhood obesity and the role of education in promoting healthy diet and lifestyle habits and ultimately good health and disease prevention.

During the course of the day an update on the latest developments on the EU Action Plan on Childhood Obesity was presented and intensively debated by the forum. Several commitments from the stakeholders to the Action Plan are envisaged and this will be an important an integral part for achieving the overall goal in halting the increasing trend in childhood obesity in the EU. Furthermore, findings from the EU Project iFamily and several commitments by Platform members in the field of education, including lifestyle modification, were presented and discussed. Agenda, presentations and flash report can be found at:

http://ec.europa.eu/health/nutrition_physical_activity/events/ev_20140206_en.htm



MISSION REPORT

6

Mission Objective: Steering group meeting with DG SANTE on the ongoing "Delivering on EU Food Safety and Nutrition in 2050 – Future challenges and policy preparedness" foresight study
Date and Place: 8th July 2015, Brussels

Name of Mission Holder	Mission Number	Unit Name/Number
[REDACTED]	OM-15-1089136	I2

Other Participants from the JRC / EC	Institute / DG	Unit Name/Number
[REDACTED]	JRC/IRMM	D5
	JRC/IRMM	D5
	JRC/FBI unit	DDG.02
	DG SANTE	DDG2
	DG SANTE	DDG2.E.ADV07
	DG SANTE	DG.01
	DG SANTE	DDG2.03
	DG SANTE	DDG2.03
	DG SANTE	E7
	DG SANTE	E7
	DG SANTE	C4
	DG SANTE	C4

Other External Participants	Organisation

Summary of the Mission:

[REDACTED] participated in this meeting with the DG SANTE steering group; we presented to the steering group the progress done so far and got important feedback for the foresight study "Delivering on EU Food Safety and Nutrition in 2050 – Future challenges and policy preparedness" (AA SANCO/2013/E/JRC/SI2.763117).

Implications:

During the meeting various foresight study issues were discussed; overall, DG SANTE gave positive feedback; [REDACTED] particular reiterated his belief on the importance and impact of this study, his active role on promoting it inside and outside the EC, and expressed once more his commitment, availability and full support for the project. The majority of the discussed points were clarifications on the methodology leading to the scenarios and the resulting challenges – valuable feedback both for the process and the results was received and will be incorporated in the study. Extra study material will be supplied to [REDACTED] to assist him in presenting the foresight study during the upcoming high level DG SANTE conference on Food Safety and Nutrition in 2050; Commissioner V. Andriukaitis and the EFSA executive Director [REDACTED] will also be present.

Copy: [REDACTED]

Signed: [REDACTED]

Date: 13/07/2015

Approved: [REDACTED]

Date: 16/7



MISSION REPORT

7

Mission Objective: preparation inception meeting for "EU food safety and nutrition in 2050: scenarios of future change and policy responses"

Date and Place: 9th April 2014, Brussels

Name of Mission Holder	Mission Number	Unit Name/Number
[REDACTED]	[REDACTED]	PHPS
Other Participants from the JRC / EC	Institute / DG	Unit Name/Number
[REDACTED]	JRC	A1
	JRC	IRMM/D5
	JRC	IRMM/D5
Other External Participants	Organisation	

Summary of the Mission:

The meeting was related to the study requested by DG SANCO on "EU food safety and nutrition: scenarios of future challenges and policy responses". An inception meeting for the study will take place in early June and this internal JRC meeting aimed to prepare the inception meeting, agree on timeframe for the study and define and agree on the best approach(es) to handle the first tasks.

Implications/Impact/Actions:

- We agreed on an approach to map the food chain legislation (Task 1). IRMM and IHCP divided the work and agreed on the next actions. The approach and a completed example will be presented at the inception meeting.

- We agreed on a possible approach for consolidating and further developing the future scenarios that should be used in our study (task 2). JRC A1 will test this approach. A detailed overview of the merged scenarios will be produced for the inception meeting, including relevant drivers to be included.

- We agreed on a possible timeframe for the study.

- It is clear that other IHCP units as well as IPTS and IES should be involved early on for possible contributions to the scenarios. Scenario development and validation could be done with the help of an internal JRC-workshop followed by workshop/consultation(s) with external experts (and relevant DGs).

- In addition to participating in the development of the scenarios, the nutrition team will likely request support from the FCM group and MBG unit in developing the food chain legislative map, e.g. regarding FCM and GMO-related regulations in the coming weeks.

- The AA for this study contemplates a CA position for the period of 19mo. The work at the IHCP has started thanks to the availability of [REDACTED] her contract will however expire on the 15th May. Additional staff support is vital for the timely and duly completion of the tasks the IHCP has committed to. A request for a CA position has been filled.

Copy: [REDACTED]

Signed: [REDACTED]

Date: 10 Apr 2014

Approved: [REDACTED]

Date: 14/4/14



MISSION REPORT 8

Mission Objective: Inception meeting "EU food safety and nutrition in 2050: scenarios of future change and policy responses"

Date and Place: 09th July 2014

Name of Mission Holder	Mission Number	Unit Name/Number
[REDACTED]	9F-14-940394	PHPS

Other Participants from the JRC / EC	Institute / DG	Unit Name/Number
[REDACTED]	JRC	A1
	SANCO	IRMM/D5
	SANCO	DDG Dir. E,F and G
	SANCO	ADV 07
	JRC	IRMM
	DG AGRI	E2
	DG AGRI	D2
	MARE	A.2
	RTD	F.3
	SANCO.	
	SANCO.D.3	
	SANCO.E.3	
	SANCO.E.6,	
	SANCO.DG.01,	
	SANCO.DDG2.03	
	SANCO.	
	EFSA	
	EFSA	

Other External Participants	Organisation

Summary of the Mission:

The inception meeting on "EU food safety and nutrition: scenarios of future challenges and policy responses" was the occasion for the JRC to present the study to the steering board (established by SANCO, partly represented by the colleagues listed above). Positive feedback and interesting suggestions, questions, comments etc.

In the afternoon, I met with the JRC colleagues to discuss the outcome of the inception meeting, re-align our aims, divide tasks and agree timings.

Implications/Impact/Actions:

- 1 - Incorporate relevant comments and modification(s) to the AA deliverables as well as finalising 1st deliverables, food chain legislation mapping.
- 2 - Investigate possibility for a meeting with MBG and CAT unit on deliverable 1 and GMO and FCM legislation
- 3 - Work on deliverable 2 must progress faster; recruitment still ongoing, I will take over in the meantime
- 4 - Work on deliverable 3 to start asap: agreed on 1st WS mid Oct 2014 (limited to JRC colleagues from all Institutes) and SANCO), agreed on 2nd WS in Jan 2015 (external workshop).
- 5 - Plan our workshop at the Egea conference in Milan, Jun 2015



MISSION REPORT 9

Mission Objective: attend and present at 'The future of research on childhood obesity' symposium, upon invitation

Date and Place: 10th April 2014 Brussels, Belgium

Name of Mission Holder	Mission Number	Unit Name/Number
[REDACTED]	OM-14-897214	PHPS

Other Participants from the JRC / EC	Institute / DG	Unit Name/Number
[REDACTED]	DG SANCO DG RTD DG SANCO DG RTD	

Other External Participants	Organisation
Approximately 50 scientists and experts in the field from academia, industry, health professionals, profit and non-profit organisations	

Summary of the Mission:

The symposium, organised by the World Obesity Federation, dealt with the future of child obesity research in Europe and brought together researchers, research funders, policy officials and NGOs. The questions addressed were 'What do we know about interventions to prevent childhood obesity?' and 'What more do we need to know?' and included a session on the lessons learned and experiences gained from six EU-funded research projects. EU priorities in the field of childhood obesity, the EU child obesity framework for action as well as the gaps in policy based evidence were also covered. The symposium signified the conclusion of the ToyBox EU F7 funded project (a European multi-country study to develop an obesity prevention programme specifically for pre-school children) and an overview of the first results and of its cost-effectiveness analyses was discussed.

Implications/Impact/Actions:

- Presented the JRC's work in the area of childhood obesity which was well received.
- My participation was a great networking opportunity towards future collaboration with European experts from the field of public health and childhood obesity e.g. we spoke with [REDACTED] University of Durham, UK) of the systematic approaches employed by her team to collate, disseminate and translate evidence for the prevention of obesity in children and adults into policy and practice.
- New information and developments in the field of childhood obesity will inform the implementation of our current and future work, especially work linked to the school meals project and to the action plan on childhood obesity.

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Date: 22/04/14

Approved:

Date: 2/6/14



MISSION REPORT 10

Mission Objective: Presentation and Participation at meetings of the "High Level Group on Nutrition and Physical Activity" (HLG) and "EU platform for Action on diet, physical activity and health".

Date and Place: 10-11th June 2014, Brussels, Belgium

Name of Mission Holder	Mission Number	Unit Name/Number
[REDACTED]	OM-14-918158	PHPS/1.2
Other Participants from the JRC / EC	Institute / DG	Unit Name/Number
Commissioner Tonio Borg		
[REDACTED]	DG SANCO	Director General
	DG SANCO	Directorate C
	DG SANCO	C4
	DG SANCO	E4
Other External Participants	Organisation	
- Member State representatives in the High Level Group on Nutrition and Physical activity	EU MS & Norway, Switzerland, governmental	
- NGOS and Food industry representatives		

Summary of the Mission:

The purpose of the mission was twofold.

1) At the joint meeting of the High Level Group on Nutrition and Physical Activity and the EU Platform for Action on Diet, Physical Activity and Health I gave the regular JRC presentation on the latest developments in the fields on Nutrition and Physical activity. The focus of our presentation this time was on childhood obesity and I took advantage of this focus to also highlight our own work and its relation to the European Action Plan on Childhood Obesity and the future related Joint Action.

2) At the meeting that followed of the High Level Group only, our presence was also important as the joint action on childhood obesity is still being defined and it is important to understand whether and how the JRC can contribute to this action. Indeed, some of the work we are developing will be most relevant to the Action itself and to its evaluation.

Implications/Impact/Actions:

- I have followed up with a request for a bi-lateral meeting with SANCO. This will take place on the 17th June. Agenda points will include a discussion on our current work programme and our plans for the 2015-2016 update vis-a-vis the developments reported by SANCO and the Member States on the Action Plan and the Joint Action.

- We were requested to focus our next presentation at the November meeting on Health inequalities and Obesity

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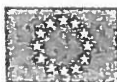
competence group leaders [REDACTED]

Signed: [REDACTED]

Date: 13th June 2014

Approved: [REDACTED]

Date: 18th June 2014



MISSION REPORT 11

Mission Objective: 3rd steering group meeting for the JRC Foresight study
"Tomorrow's healthy society – research priorities for foods and diets"

Date and Place: 12th February 2013, Brussels, Belgium

Name of Mission Holder	Mission Number	Unit Name/Number
[REDACTED]	OM- 13- 763406	PHPS/I2

Other Participants from the JRC / EC	Institute / DG	Unit Name/Number
[REDACTED]	DG SANCO	C4
	DG SANCO	E4
	DG RTD	E3
	DG ENTR	
	JRC	D5
	JRC	A1

Other External Participants	Organisation
- 4 external members of the steering group	

Summary of the Mission:

The purpose of the mission was to participate in the 3rd meeting of the steering group for the JRC Foresight study "Tomorrow's healthy society – research priorities for foods and diets", a JRC inter-institutional (A1 (lead), I2 and D5) study commissioned by DG RTD.

The main purpose of this meeting was to discuss:

- A conceptual model developed by the JRC team and mapping the study-related system of foods, diets and health, including biological and behavioural aspects of food choice, the food supply chain, (socio-)economic aspects of food accessibility, environmental aspects, technology, policy etc.
- To discuss the work carried out by the JRC team on the refinement and plausibility of the four scenarios as they resulted from the first of three participatory workshops in October 2012
- To prepare the 2nd participatory workshop at the JRC Ispra in April 2013

The Steering Committee largely agreed with the structure and content of the conceptual model while acknowledging the limitations of a 2D representation of the system. A few minor amendments were proposed.

Overall, the Steering Committee agreed with the directions in which the four scenarios have been developed; attention needs to be paid to plausibility and consistency of the scenarios. As regards the structural framework, the Steering Committee recommended to consider a more specific title for the "Values" axis to enhance clarity. Moreover, it was proposed to use more specifically "agricultural commodities price" rather than food price to avoid ambiguity (such as with direct to consumer food price).

For the second workshop in Ispra the Steering Committee recommended to invite experts with backgrounds in healthcare, health insurance, economy and education in addition to the participants of the first workshop. The Steering Committee also suggested providing a thorough introduction to the workshop participants to allow them to link to the results of the first workshop, with specific consideration for any newcomers.

Implications/Impact/Actions:

- The second workshop will be held on 23-24 April 2013 in Ispra. Aim is to further refine and validate the four scenarios, to develop scenario narratives and if possible first insights into mid- to long-term EU research priorities.
- The next Steering Committee meeting is scheduled for 26 June 2013 and will address the draft study report, based on the results of the second workshop.
- The third workshop was tentatively scheduled for 3&4 or 8&9 October 2013. The location is still to be defined but may be again Brussels like for the first workshop

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Date:

9/5/2013



EUROPEAN COMMISSION
JOINT RESEARCH CENTRE

Institute for Health and Consumer Protection

MISSION REPORT 12

Mission Objective: EGEA VII International Conference "Healthy Diet, Healthy Environment within a fruitful economy: The role of fruits and vegetables".

Date and Place: 3rd-5th June 2015, Stella Polare Congress Centre, Fiera Milano, Italy

Name of Mission Holder	Mission Number	Unit Name/Number
[REDACTED] 4 June)	DF-15-1046842, DF-15-1046544	PHPS/I.02
[REDACTED] 5 June)	DF-15-1046543, DF-15-1046731, DF-15-1046732	
[REDACTED] 5 June)	DF-15-1046542	
[REDACTED] 4-5 June)	DF-15-1046501	
[REDACTED] 4-5 June)	DF-15-1046545, DF-15-1046930	

Other Participants from the JRC / EC	Institute / DG	Unit Name/Number
[REDACTED]	JRC Brussels	DDG.02
[REDACTED]	IRMM	D
[REDACTED]	IRMM	D5
[REDACTED]	DG SANTE	C4
[REDACTED]	DG SANTE	E4
[REDACTED]	DG SANTE	PA02
[REDACTED]	DG AGRI	C2

Other External Participants	Organisation
Approx. 200 participants	International organisations, universities, NGOs, public health institutes, scientific institutes, private sector.

Summary of the Mission:

The EGEA VII conference included a number of keynote lectures and parallel sessions focused on exploring how to increase fruit and vegetable (F&V) consumption, taking into account, apart from nutrition and health, also aspects of sociology, marketing and advertisement, sustainable agriculture, economics and legislation. During the conference the JRC organised a session centred on the 2050 Food Safety and Nutrition foresight study, chaired by [REDACTED] and [REDACTED] presented the study scenarios which were then commented by the distinguished academics [REDACTED] (Technical University of Munich) and [REDACTED] (University of Oxford). [REDACTED] then chaired a panel discussion among stakeholder representatives (farmers and food industry) as well as [REDACTED] from DG SANTE. In addition, [REDACTED] presented the Nutrition group's work, focusing on school food policy-related projects (mapping report, stakeholder workshop, and country factsheets) and giving an outlook on our planned policy briefs on healthy eating and fluid intake behaviours in children.

Implications:

The conference touched upon various aspects of F&V in nutrition and health, and provided a useful overview of related policies in the field and of gaps that need to be addressed in order to increase F&V consumption. For the ongoing foresight study, the session provided valuable insights from the invited expert speakers on scenario development as well as future challenges, which will be taken into account during the course of the study. In response to the talk on school food policies, we have been invited by the Chair of the scientific programme committee of the 17th International Congress of Dietetics to present our work at their event in September 2016.

Copy:

Signed:

Date 11/06/2015

Approved:

Date:

12/6



MISSION REPORT 13

Mission Objective:

To attend the EXPO 2015 related international conference entitled "Food, Physical Activity and Well-being: Tackling childhood obesity through prevention" and act as JRC rapporteurs.

Date and Place: 25-26 June 2015, Rho Fiera

Name of Mission Holder	Mission Number	Unit Name/Number
[REDACTED]	DF-15-1083117	PHPS/I2
[REDACTED]	DF-15-1082961	PHPS/I2
Other Participants from the JRC / EC	Institute / DG	Unit Name/Number
[REDACTED]	JRC	H.TF
[REDACTED]	JRC	H.TF
Other External Participants	Organisation	
Representatives from academia, public and private sectors	Various	

Summary of the Mission:

We attended days 1 ([REDACTED]) and 2 ([REDACTED]) of this three day conference.

Day 1 offered presentations on the topic of nutrition in the first 1000 days of life, i.e. from conception to age 2y. Some key points raised and highly pertinent to our current and future work – mainly in support of the implementation of the EU Action Plan on Childhood Obesity – were:

- only limited data on dietary habits in first years of life, when prevention would be most effective
- infant nutrition often exceeds recommendations for energy, protein, sodium, and sugars; lacking vitamin D, iodine, iron
- daily school menu helped dietary evaluation in children attending day care centres
- EU economic and agriculture policies were claimed to have driven change of food supply towards high fat/sugar and meat-based diets (thus eroding Mediterranean diet)
- call for monitoring impact of economic crisis on diet

Day 2 involved parallel sessions addressing probiotics, nutrition & growth, physical activity, nutrition & bone health; the latter two were attended. The following highlights are particularly pertinent to the ongoing work on the Food Safety and Nutrition foresight, confirming the importance of personalised nutrition regimens (including monitoring and coaching) in the future, as well as the challenge for the diet and health of children posed by increasingly digital lifestyles.

- A new portable wrist device to measure energy expenditure and comparison with existing technologies such as the metabolimeter.
- A novel approach against childhood obesity combining the above portable device with an m-health application, personalised nutrition e-coaching and SMS-based feedback
- Use of an m-health application, coupled with personalised nutritional coaching, to improve the nutritional status of children with Cystic Fibrosis (from an upcoming H2020 project)
- Digital new-borns (children growing up in the digital era), their understanding of their body, conditioned hyper-eating due to increased time spent online, and how PA can be used to counteract it

Implications/Impact/Actions:

- Implication: The event gave a useful overview of certain topics in paediatric nutrition, relevant for our current work on a Food Safety and Nutrition foresight study and on childhood obesity and the policy briefs evaluating public health interventions that promote healthy eating.
- Action: Complete JRC rapporteur template and send to [REDACTED]

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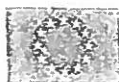
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Date: 06/07/2015

Approved: [REDACTED]

Date: 7/7



MISSION REPORT 14

Mission Objective: Participation in meetings of the "High Level Group on Nutrition and Physical Activity" (HLG) and "EU platform for Action on diet, physical activity and health" and presentation of school food policy mapping results to HLG.

Date and Place: 25-26 November 2013, Brussels, Belgium

Name of Mission Holder	Mission Number	Unit Name/Number
[REDACTED]	OM-13-856127	PHPS/1.2
	OM-13-856102	PHPS/1.2

Other Participants from the JRC / EC	Institute / DG	Unit Name/Number
[REDACTED]	DG SANCO	C3 (acting C director)
	DG SANCO	C4
	DG SANCO	E4
	DG EAC	D2
	DG RTD	F2

Other External Participants	Organisation
- Member State representatives in the High Level Group on Nutrition and Physical activity; Stakeholders in EU Platform	EU MS & Norway, Switzerland, governmental

Summary of the Mission:

The purpose of the mission was to report back to DG SANCO and the "High Level Group on Nutrition and Physical Activity" (HLG) the results of our European school food policy mapping [REDACTED] to participate in the discussion of the draft action plan on childhood obesity [REDACTED] and to participate in the meeting of the platform [REDACTED]

- At the HLG meeting, [REDACTED] presented key outcomes of the school food policy mapping and informed the audience of PHPS plans to host a workshop on European School Food and Nutrition (ESFN) in mid-May 2014. Of note, the presentation was moved from the afternoon to the morning and was allowed one hour instead of the scheduled 30 minutes. The presentation was followed by a lively discussion and many contributions from HLG members and the chair. During the concluding remarks, [REDACTED] proposed that the HLG could work towards recommendations for child nutrition at school, including the settings in which children eat as this was identified as critical issue by various HLG member contributions. This could possibly be done during the Italian presidency as well as towards EXPO 2015 in Milan. For the latter, [REDACTED] welcomed the idea of "show casing" best practices for school nutrition for better highlighting/marketing the importance of the topic. The Italian delegates welcomed all ideas both for the presidency and the EXPO and confirmed the priority of food and nutrition for the EXPO while advising not to forget the different national and regional cultural settings in Europe when developing recommendations.

- The key topic of this HLG meeting was the development of an EU Action Plan on Childhood obesity 2014-2020 (AP). The Irish delegate presented the draft developed by 11 HLG members as well as EC officials from DG SANCO, EAC, AGRI and JRC to the HLG plenary. Unfortunately, only few of the HLG members other than the 11 drafting group members had the draft prior to the plenary meeting. Therefore, only little progress was made towards the objective of having the AP endorsed during a Greek presidency event on 25-26 February. As time is pressing, HLG members were requested to give written feedback by 6 January 2014 and to be flexible for eventual teleconferences and written exchange in order to consolidate the proposal by end of February. The next HLG plenary is scheduled for 24 February 2014 in Athens, back-to-back with the Greek presidency event, and should be the forum to conclude on the final HLG proposals for endorsement by the Health Ministers during the two days following the event.
- Physical activity was the main theme at the EU Platform meeting of 26 November; the meeting coincided with the Education, Youth, Culture and Sport Council (EYCS) where EU ministers adopted the Council recommendation on health enhancing physical activity (HEPA). This recommendation, including the foreseen monitoring framework, was presented to the Platform members by [REDACTED] from DG EAC. Finally, there were several other contributions related to stakeholder commitments on enhancing PA by Platform members as well as the presentation of the FP7 project TOYBOX.

Implications/Impact/Actions:

- Both DG SANCO and the HLG were very impressed by the European school food policy overview, and [REDACTED] stated he saw close links between several of our proposed next steps and the Action Plan on Childhood Obesity 2014-2020. He also suggested that (the outcome of) the ESNF workshop in May 2014 in Ispra could be an initiative of the EU Action Plan on Childhood Obesity. DG SANCO and PHPS to discuss further.
- Before drafting the publication on European school food policies, PHPS will seek HLG member feedback that their respective country data are correct.
- The HLG expressed clear interest in attending the ESNF workshop. DG SANCO encouraged PHPS to ensure participation of any HLG members wishing to attend.
- The progress towards the development of a final proposal of the AP on Childhood Obesity for endorsement by the Health Ministers at the Greek presidency event on 25-26 February 2014 is slow and behind schedule. There is little the JRC can do currently to help as it is almost entirely up to the MS to agree on an overall objective as well as actions and progress indicators. A failure to agree on such an AP would represent a significant setback for the EU policy in the area of nutrition, physical activity and prevention of obesity and chronic diseases when no other new EU policy in the field can be expected over the next years.

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Date: [REDACTED]

Approved: [REDACTED]

Date: [REDACTED]



MISSION REPORT 15

Mission Objective: Presenting at the Meetings of the High Level Group on Nutrition and Physical Activity (HLG) and of the EU Platform for Action on Diet, Physical Activity and Health

Date and Place: Brussels, 18/02/2015 - 19/02/2015

Name of Mission Holder	Mission Number	Unit Name/Number
[REDACTED]	DF-15-1018155	PHPS/I.2
	DF-15-1021951	PHPS/I.2
	DF-15-1022005	PHPS/I.2

Other Participants from the JRC / EC	Institute / DG	Unit Name/Number
[REDACTED]	Commissioner	SANTE
	SANTE	DDG
	SANTE	C (acting director)
	SANTE	C4
	SANTE	E4
	SANTE	C1
	EAC	C2
	AGRI	DDG2.E2
	AGRI	DDG2.C3
	JRC	DDG.02

Other External Participants	Organisation
Members of the High Level Group on Nutrition and Physical Activity, Stakeholders in EU Platform	Ministries of health and/or education; Industry and industry associations, NGOs, interest groups, academia

Summary of the Mission:

The purpose of the mission was to attend and give invited presentations at the Meetings of the High Level Group on Nutrition and Physical Activity (HLG) and the Meeting of the EU Platform for Action on Diet, Physical Activity and Health. In total, the JRC held four presentations:

- At the first day, TM presented the JRC proposal for policy briefs/policy dialogues for supporting evidence-informed policy making in the context of the EU Action Plan on childhood obesity to the HLG.
- At the Joint meeting of the two forums, JW presented on latest and upcoming events as well as most recent scientific publications of potential interest to the forums' work on

preventing childhood obesity, and improving nutrition and physical activity in prevention and health promotion.

- [REDACTED] JRC DDG.02 (FBI Unit) presented the JRC foresight study: "Tomorrow's healthy society – Research Priorities for Food and Health"
- On the second day, EW presented on the available evidence on effects of labelling on consumer behaviour; she highlighted that better availability of purchase data for research purposes is needed to draw valid conclusions, and that point-of-purchase interventions based on behavioural insights are a potential next step. This served as a basis for further discussion of the commitments of the platform.

Additional highlights from the meetings as well as hyperlinks to the three related SANTE websites with agenda, flash report and presentation slides were as follows:

- The HLG meeting focussed on 'making the healthy option, the easier option' (area 3 of the Action Plan) and examples were presented from SE, MT, and PL. A new pilot project on social determinants of health was announced and the results of a Joint Action on Health Inequalities, that finished in 2014, presented, which highlighted evidence gaps in surveillance, treatment, costs, community interventions and policy impacts. Lastly, a DG AGRI presentation on projected impacts, based in part of work carried out by JRC-IPTS, related to the EU sugar market (Common Agricultural Policy CAP) once the sugar quotas are abolished in 2017 was much discussed by the HLG; in particular, concern were raised with respect to possible health impacts linked to changes in caloric sweetener intakes due to lower prices for sugar as well as a much larger market share for isoglucose (mostly in the form of high-fructose corn syrup linked by some scientists to obesity and metabolic syndrome).
http://ec.europa.eu/health/nutrition_physical_activity/events/ev_20150219_en.htm
- At the Joint HLG-EU Platform meeting and one year following the adoption of the childhood obesity action plan, SANTE and WHO presented on the monitoring system targeted to the action plan and including 18 selected indicators. Commissioner Vytenis Andriukaitis reaffirmed the importance of the HLG and EU Platform and to engage further in: i) social inequalities and the most vulnerable citizens, ii) food reformulation, iii) increased cooperation at all levels to combat childhood obesity, promote health and reduce health inequalities. [REDACTED] SANTE DDG) emphasised the importance of monitoring and the availability of solid, quantitative data as well as transforming such data into evidence that is strong, useful and targeted to policy making.
http://ec.europa.eu/health/nutrition_physical_activity/events/ev_20150218_2_en.htm
- The focus of the EU Platform meeting was on consumer information and labelling and included presentations on commitments by the restaurants sector including McDonalds, the European consumer organisation BEUC as well as related on physical activity promotion via active transport. [REDACTED] SANTE C1) and [REDACTED] (International Agency for Research on Cancer IARC) presented on the Commission's policy on cancer prevention and the updated European Code Against Cancer, with a focus on nutrition and physical activity recommendations. It was emphasised how the work of the EU Platform towards improving nutrition and physical activity may also benefit cancer prevention. A wider debate on the ambitions and objectives of the EU Platform was announced for the upcoming meetings.
http://ec.europa.eu/health/nutrition_physical_activity/events/ev_20150219_en.htm

Implications/Impact/Actions:

- The invitation for four JRC presentations at these forums is fruit of the intensifying collaboration between SANTE and PHPS. Coincidentally, the JRC presentation on recent developments and scientific publications was attended by both the Commissioner V. Andriukaitis and SANTE DDG [REDACTED] with the chair, [REDACTED] expressing his appreciation for this regular JRC service for informing and ensuring that scientific evidence is brought to the attention of the two forums, the importance of which was also emphasised by [REDACTED] his interventions.
- In connection to the EXPO 2015 in Milan, EW will present an updated version of her presentation on the opening conference on nutrition and physical activity organised by SANTE (2 May 2015)
- The JRC will host the next meetings of the HLG (on 4 May 2015, main topic: promotion of healthier environments, especially in schools and pre-schools) and the EU Platform (5 May 2015; main topic: education, including lifestyle modification) at the Ispra site in connection with above mentioned EXPO event: the main focus is linking well to and will be a good occasion to showcase our JRC activities around school food

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Approved: [REDACTED]

Date:



MISSION REPORT 16

Mission Objective:

To attend the EXPO2015 event "EuroDISH project final conference: Proposal for a food and health research infrastructure in Europe" held at the EU Pavilion

Date and Place: 15th May 2015, Milan *Pho*

Name of Mission Holder	Mission Number	Unit Name/Number
[REDACTED]	DF-15-1063820	PHPS/I2
Other Participants from the JRC / EC	Institute / DG	Unit Name/Number
Other External Participants	Organisation	
Representatives from academia, public and private sectors	WHO, others	

Summary of the Mission:

Having nearly reached the end of its lifetime (Aug 2015), the EuroDISH made its concluding proposal for a European food and health infrastructure, called DISH-RI. This acronym stands for a Research Infrastructure (RI) on the four EuroDISH pillars Diet, Intake, Status and Health. According to the EuroDISH coordinator, the need for this infrastructure derives from the fact that currently no RI exists to connect the two domains of food and health. The overall intention of EuroDISH is to stimulate a shift from current food intakes to ideal food intakes through public health measures addressing behaviour and food industry.

The DISH-RI will become a hub to group Data, Tools and Services, connecting agri-food and health sectors while serving the interests of stakeholders in the knowledge triangle of education, research, and innovation.

The planned time frame for having a fully operational DISH-RI by 2025 looks as follows:

- currently working on conceptual framework
- design phase 2015-2018
- preparatory phase 2018-2021
- implementation phase 2021-2024
- operational phase - start-up year 2024-2025, fully operational by Sep 2025

In addition to EuroDISH, the following relevant initiatives explained how EuroDISH findings relate to societal and scientific challenges in the food and health domain and to other research infrastructures:

- Joint Programming Initiative 'A Healthy Diet for a Healthy Life' (JPI HDHL)
- FP7 project FoodManufuture
- European Science Forum on Research Infrastructures (ESFRI)

Implications/Impact/Actions:

- The event informs our current work on policy briefs, which evaluate public health interventions that promote healthy eating and drinking behaviours.
- The event increases PHPS's visibility in the field. In individual discussions, I raised awareness about our work (school food policy mapping, active healthy ageing, TFA regulatory measures, diet and cancer) among researchers and public health workers. A colleague from ASL Varese inquired about the possibility for joint projects and I invited her to send a proposal for internal discussion.

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leaders. [Redacted]
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Date: 19/05/2015

Approved:

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Date:

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MISSION REPORT 17

Mission Objective:

To attend a dedicated EXPO2015 Czech Science Days event on lifestyle diseases

Date and Place: 11th July 2015, Milano EXPO 2015, Cz Pavilion

Name of Mission Holder	Mission Number	Unit Name/Number
[REDACTED]	DF-15-1090691	PHPS/I2
[REDACTED]	DF-15-1090624	PHPS/I2
[REDACTED]	OM-15-1090409	CAT/I1

Other Participants from the JRC / EC	Institute / DG	Unit Name/Number
-	-	-

Other External Participants	Organisation
[REDACTED]	Charles University Prague Institute of Organic Chemistry and Biochemistry, Academy of Sciences of the Czech Republic
Czech senior scientists from these both research facilities, media	Various

Summary of the Mission:

The mission holders attended the Czech Science event on lifestyle diseases on behalf of the PHPS and CAT units, to learn about scientific priorities of the Institute of Organic Chemistry and Biochemistry and the First Faculty of Medicine of Charles University in Czech Republic. Topics included pharmacotherapy in obesity treatment, molecular research on insulin, neuropeptides and steroids in the brain, prevention of civilisation diseases, and the application of basic science to treat diseases and improve public health. This last point included also a set of success stories on how to link the basic research of these institutes with the industry and the possible strategies in bringing basic research closer and faster to the market.

The scientific part of this event was followed by the inauguration of the vernissage 'Czech Science Fighting Viruses' which honours the remarkable research of Professor [REDACTED] and will after the EXPO 2015 be exposed in many European countries.

Implications/Impact/Actions:

- The event provided a valuable platform to exchange knowledge between the JRC and the two top research institutions in the Czech Republic.
- The event increased JRC visibility among Czech high level health researchers.



MISSION REPORT 18

Mission Objective: To attend the 21st European Congress on Obesity (ECO2014) and present the results of our School Food Policy Mapping.

Date and Place: 28-31 May 2014, Sofia, Bulgaria

Name of Mission Holder	Mission Number	Unit Name/Number
[REDACTED]	OM-14-904219	I.2

Other External Participants	Organisation
Ca. 1000 scientists and experts in the field attended the congress	Academia, industry, health professionals, profit and non-profit organisations

Summary of the Mission:

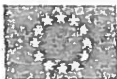
The annual European Congress on Obesity (ECO) brings together obesity researchers, health professionals, policy makers, and other experts from Europe and beyond. At this year's congress, I presented the final results from our School Food Policy Mapping to international obesity experts (who are a major target audience) and highlighted the imminent launch of the final report. The talk was categorised by the organisers as a Hot Topic, and attendees commented on the importance of the data.

In addition to the presentation, I attended talks on the following topics: role of gut microbiota; personalised nutrition; physical activity intervention in schools; impact of calorie labelling on food purchase; social inequalities and food insecurity; New Nordic Diet; obesity prevention and treatment in school and family. Notes taken can be found at U:\2-Nutrition\5- Nut-EVENTS\conf_and_meetings\ECO2014 - School food policies\Notes from talks attended at European Congress on Obesity.docx.

Last, I was interviewed by the European Food Information Council (EUFIC) on the content of my presentation. The interview may become part of an overall congress podcast, which will be published and freely accessible from www.eufic.org.

Implications/Impact/Actions:

- JRC school food policy map of great interest to international obesity experts
- Various attendees provided positive feedback after the session
 - Established contacts with leading academic experts from Denmark and Scotland with an interest in school food
- Podcast interview on mapping results done with European Food Information Council
- Share link to our school food policy report with contacts once published



EUROPEAN COMMISSION
JOINT RESEARCH CENTRE

Institute for Health and Consumer Protection

MISSION REPORT

19

Mission Objective: Attend the High Level Conference "Healthy lifestyles: nutrition and physical activity for children and young people at schools" organised by the Latvian presidency.

Date and Place: 23-24 February 2015, Riga, Latvia

Name of Mission Holder	Mission Number	Unit Name/Number
[REDACTED]	OM-15-1017254	PHPS/I.2

Other Participants from the JRC / EC	Institute / DG	Unit Name/Number
[REDACTED]	DG SANTE	C.3
[REDACTED]	DG SANTE	C.4
[REDACTED]	DG SANTE	C.4

Other External Participants	Organisation
MS ministerial representatives; public health experts from public and private bodies	WHO, OECD, other

Summary of the Mission:

The main aim of the conference was to assess the implementation progress of strategic documents on nutrition and physical activity in the EU and to discuss the future challenges in order to enhance the implementation of the policies striving to reduce childhood obesity and to promote healthy lifestyle. Owing to our work on school food policies, I was invited to attend the conference and hear first-hand about the latest Member State developments. Videos, slide decks and photos of the conference are available for download at <http://www.vlm.gov.lv/en/what-is-new/presidency-events/48-high-level-conference-healthy-lifestyles-nutrition-and-physi>. Of note, the Latvian Minister of Health called on the Luxembourg presidency to focus their child health efforts on pre-school age for better primary prevention of overweight, obesity and related health issues.

I took the opportunity to discuss with attending representatives of the High Level Group (HLG) on nutrition and physical activity our plans to produce country fact sheets on national school food policies in the EU. HLG members fully appreciate our efforts on school food policies and in support of the EU Action Plan on Childhood Obesity 2014-2020

Implications:

- Share draft country fact sheets with HLG for review and approval

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Date:

06/03/2015

Approved:

[REDACTED]

Date:



MISSION REPORT 20

Mission Objective: Participation in meetings of the "High Level Group on Nutrition and Physical Activity" (HLG) and "EU platform for Action on diet, physical activity and health"

Date and Place: 19-20 June 2013, Brussels, Belgium

Name of Mission Holder	Mission Number	Unit Name/Number
[REDACTED]	OM-13-808808	PHPS/I2
[REDACTED]	OM-13-804706	PHPS/I2

Other Participants from the JRC / EC	Institute / DG	Unit Name/Number
[REDACTED]	Commissioner	Health & Consumers
[REDACTED]	DG SANCO	Dir. Gen
[REDACTED]	DG SANCO	C3 (acting C director)
[REDACTED]	DG SANCO	C4
[REDACTED]	DG SANCO	E4
[REDACTED]	DG EAC	E3

Other External Participants	Organisation
- Member State representatives in the High Level Group on Nutrition and Physical activity - Stakeholders (Industry, NGOs) in the field of food, nutrition, public health, physical activity	EU MS & Norway, Switzerland, governmental

Summary of the Mission:

The purpose of the mission was to participate in the meetings of the DG SANCO-chaired "EU Platform for Action on diet, physical activity and health" (19 June) and the "High Level Group on Nutrition and Physical Activity" (HLG) (20 June afternoon) as well as in the annual joint meeting of the two forums. These two forums are key tools for the European Commission towards achieving the objectives of the EU Nutrition Strategy (White paper on "A strategy for Europe on nutrition, overweight, and obesity-related health issues" COM(2007) 279 final).

Highlights of the meetings included:

- Commissioner Borg presented his views on the near future to the HLG and EU Platform and delivered the mandate from the EU Health Ministers to the HLG to develop an EU Action Plan on Childhood Obesity 2014-2020.
- Later on, the Irish presidency based on the results of a preliminary questionnaire to MS delegates of the HLG, presented proposals for key elements of the Action Plan. A need for setting up a smaller working group better defining the elements of the Action Plan emerged from the discussion. The JRC was invited to participate in the working group developing the details of the Action Plan.
- Results of the external evaluation of the Nutrition Strategy (6 years from implementation) were presented by the consortium and discussed with both HLG and EU Platform members. Overall, the evaluators recognised the added value of EU-level coordination of the Strategy and highlight its effective implementation. Taking into account the sustained magnitude of the problem of overweight and obesity, the

evaluators support continuation of the Strategy and the implementation of instruments, and provide specific recommendations for future work.

- At the HLG meeting we presented the progress and results of our mapping exercise of existing policies for school food standards across the EU-28 plus Norway and Switzerland. Next steps are to extract and analyse the detailed school meal standards, such as what "school meals" (lunch, breakfast, in-between meals, vending machines, school kiosks, etc.) are covered and whether the standards refer to general nutrition recommendations or are nutrient-/food-/food groups-based etc. The findings will be used to facilitate an informed discussion at the next HLG meeting on 25 November.
- At the EU Platform meeting, IBF International Consulting presented both the 2012 Annual Platform report as well as the Special monitoring report (2006-2012). A key discussion point is the need to improve reporting practices including developing guidance for the use of indicators to facilitate quantitative assessments and evaluating the impact of pledges from Platform members. A working group will be set up after the summer on commitment monitoring and reporting.

Implications/Impact/Actions:

- The proposed EU Action Plan on Childhood Obesity comes at a critical time when with the current EP and Commission in place no new EU policy in the field of nutrition and physical activity for promoting good health and preventing chronic diseases and obesity will be implemented. Our work started on school meal standards across the EU 28 + CH. NO is well timed with this new policy initiative and we should emphasise further our work towards prevention of childhood obesity.
- Our invitation by the chair [redacted] to participate fully in the working group for further developing the elements of the EU Action Plan is a great opportunity and also a sign of our improved and close working relation with DG SANCO on public health nutrition. We welcome this opportunity and see it as recognition of the work we have been developing with DG SANCO.
- The collaboration of the JRC Nutrition team with DG SANCO is praised and our work is acknowledged and highlighted in the external evaluation report of the Nutrition Strategy.
- Issues around monitoring and evaluation of initiatives, both by the public and private stakeholders, as well as the lack of solid data, indicators and guidelines are re-current themes in both EU Platform and HLG. This is an interesting area for the PHPS to explore; it links to our efforts in nutrition economics and we are keen to explore it further.

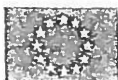
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Date: 10/02/2013

Approved: [redacted]

Date:



MISSION REPORT 21

Mission Objective: Presentation of School Food Policy Mapping results at the 23rd European Childhood Obesity Group (ECOG) congress

Date and Place: 13-15 November 2013, Liverpool, UK

Name of Mission Holder	Mission Number	Unit Name/Number
[REDACTED]	OM-13-825828	1.2

Other External Participants	Organisation
Ca. 100 scientists and experts in the field	Academia, industry, health professionals, profit and non-profit organisations

Summary of the Mission:

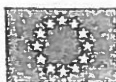
The annual congress of the European Childhood Obesity Group (ECOG) brings together paediatricians, health professionals, and other experts from all over Europe. At this year's congress, [REDACTED] presented top-line findings from our School Food Policy Mapping to European childhood obesity experts (who are a major target audience) and gathered their feedback. ECOG board members and several other attendees commented on the importance of the data.

In addition to the presentation, [REDACTED] participated in two workshops related to: 1) the role and challenges of paediatricians in tackling childhood obesity; and 2) the role of psychologists/psychological concepts in tackling childhood obesity. In both cases, ideas of how ECOG could provide support were discussed.

Of further note, the conference programme included a presentation entitled "Law and obesity prevention" which summarised the potential and pitfalls of legal measures to help contain the (childhood) obesity epidemic. This talk coincided with a very recent report of the same title and content by the World Cancer Research Fund.

Implications/Impact/Actions:

- JRC school food policy map of great interest to European childhood obesity experts
 - Various attendees provided positive feedback after the session and an ECOG board member asked to re-use some of our slides in an upcoming presentation at the congress of the European Paediatric Education Association
- Publication of results a high priority
 - Requires input/feedback from EU High Level Group on Nutrition and Physical Activity



MISSION REPORT 22

Mission Objective: Presentation of School Food Policy Mapping results at 7th EFAD-DIETS congress

Date and Place: 8-9 November 2013, Garda, Italy

Name of Mission Holder	Mission Number	Unit Name/Number
[REDACTED]	OM-13-840581	I.2

Other External Participants	Organisation
Ca. 170 scientists and experts in the field	Academia, industry, health professionals, profit and non-profit organisations

Summary of the Mission:

The annual joint congress of the Thematic Network DIETS and the European Federation of Associations of Dietitians (EFAD) brings together dietitians and other health professionals from all over Europe. This year, the congress theme was "Non-Communicable Diseases – the dietitians' response to Health 2020". As the main goal, [REDACTED] presented preliminary top-line findings from our School Food Policy Mapping to European dietitians (who are a major target audience) and gathered their feedback. Interest in the presentation was substantial with many asking when the full dataset would be published.

In addition to the presentation, [REDACTED] participated in a workshop related to a European Specialist Dietetic Network (ESDN) on Public Health (other ESDNs are: Diabetes, Obesity, Administration (food service), Aging, and Oncology). These ESDNs are still in the process of being set up, and the workshop aimed to further define the role and specific competencies of Public Health Dietitians in Europe. At the workshop, the chair of the Public Health ESDN announced his resignation, and [REDACTED] was approached to become part of a chairing group to take over from the outgoing chair.

Of further note, during the conference a report entitled "Cost-benefit of dietary treatment" was highlighted that quantifies the beneficial economic impact of dietitians' work in health care.

Implications/Impact/Actions:

- JRC school food policy map of great interest to European dietitians
- Publication of results a high priority
 - Requires input/feedback from EU High Level Group on Nutrition and Physical Activity
- JRC to consider becoming a member of ESDN chairing group on Public Health
 - [REDACTED]



MISSION REPORT 23

Mission Objective:

To attend 1) European Healthy Lifestyle Alliance (EHLA) Strategy Meeting, and 2) project launch of DynaHEALTH (Promoting Healthy and Active Ageing by Reducing the Risks of Obesity and Type 2 Diabetes) at the European Parliament

Date and Place: 16 September 2015, Brussels

Name of Mission Holder	Mission Number	Unit Name/Number
[REDACTED]	DF-15-1100936	PHPS/12

Other Participants from the JRC / EC	Institute / DG	Unit Name/Number
[REDACTED]	RTD	Public Health/E.3
[REDACTED]	RTD	Healthy Ageing/E.4

Other External Participants	Organisation
[REDACTED]	European Parliament (MEP)
Representatives from academia, public and private sectors	Various

Summary of the Mission:

1) The EHLA strategy meeting focused on increasing EU action on promoting physical activity. [REDACTED] MEP (BE) urged more to be done to tackle the obesity pandemic. He informed about the Intergroup of Sports at the European Parliament, and he emphasised the importance to get all citizens to be active including the older population. Other presentation highlights include: 1) abdominal obesity could be a stronger risk factor than BMI for cardiovascular and other metabolic diseases, more efforts should be placed to measure waist circumference; and 2) physical inactivity kills more than smoking; it is estimated to be responsible for 10% of all deaths and around 1.5-3% of total healthcare cost in the EU.

2) DynaHEALTH is a new Horizon 2020 funded project that aims to develop evidence-based policy recommendations for healthy and active ageing through reducing the risks of obesity and type 2 diabetes. The consortium is made up of 13 partners from six member states (FI, DK, UK, DE, NL, ES), and will focus on the interplay between glucose metabolism, psychological wellbeing and social factors.

The project launch event was hosted by [REDACTED] MEP (UK), who emphasised the importance of research collaboration at a European level, and the results will enable MEPs to address the major health challenges faced. [REDACTED] MEP (DK), who is the Co-Chair of the Working Group on Diabetes, reiterated the importance of non-communicable diseases, and the impact that they have on the wellbeing of the European population and the

wider economy. She called for the need of robust evidence to develop and implement effective policies, and she strongly encouraged the project to continue its dialogue with European policy makers.

Implications/Impact/Actions:

- It was highlighted that there is a need for an overview on effective interventions to increase physical activity (PA). I mentioned our work on the policy briefs as a tool to do exactly this. Our current focus is healthy eating and water intake in school interventions but PA has been discussed with SANTE as a possible new topic.
- I also mentioned our support to the EU platform on diet and physical activity as well as the High Level Group on nutrition and physical activity. EHRA is interested in participating in the EU platform and is looking for ways to communicate to health ministries in the MS.
- [REDACTED] Chairman of EHRA has already been in touch to set a future date to follow up on discussions from the strategy meeting.
- Written notes are available for colleagues interested in the discussions of event (1).

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[REDACTED]

Signed:

Date: 25/09/2015

Approved:

Date: 28/9



MISSION REPORT 24

Mission Objective: Participate to the final meeting of the Steering group on the Evaluation of the Strategy for Europe on nutrition, overweight and obesity related health issues

Date and Place: 18th April 2013, Brussels, Belgium

Name of Mission Holder	Mission Number	Unit Name/Number
[REDACTED]	OM- 13- 783606	PHPS/I2

Other Participants from the JRC / EC	Institute / DG	Unit Name/Number
[REDACTED]	DG SANCO	C4
	DG SANCO	E4
	DG SANCO	01
	DG RTD	F2
	DG AGRI	L4
	DG AGRI	D3
	DG CNECT	A1
	DG ENV	C1
	DG EAC	E3
	DG ENTR	F4

Other External Participants	Organisation
Five MS representatives of the High Level Group on Nutrition and Physical activity [REDACTED]	EU MS & Norway, Switzerland, governmental WHO

Summary of the Mission:

The purpose of the mission was to participate in the 4th and final meeting of the Steering Group for the Evaluation of the EU Strategy on Nutrition, Overweight and Obesity-related health issues, the so-called "Nutrition Strategy" (COM(2007) 279 final). The external contractor presented the draft final report, the main draft conclusions and the draft recommendations for the future. It was pointed out that the Strategy and the various instruments to implement it have clearly contributed to galvanising and inspiring efforts to address nutrition, overweight and obesity-related health issues. Concrete recommendations for each of the six main thematic areas were presented. Highlights included:

- A greater focus on physical activity promotion
- A careful consideration of effects on lower socio-economic groups, to ensure that initiatives do not further exacerbate health inequalities.
- Need for more work on voluntary front-of-pack labelling, nutrient profiles and monitoring of self-regulation

- Efforts for including nutrition and physical activity issues in other policies, such as environment, transport, regional etc.
- Improve on monitoring/evaluation through better data collection, regular publishing of surveillance data, improvement of databases (e.g., WHO NOPA) including their usability (e.g. web interfaces)

Relevant comments from the steering group included:

- [REDACTED] (DG AGRI) stressed that compared to the many "soft" policies, such as information to consumers, education, social marketing campaigns, pledges for restricting advertising of foods high in fat, sugar, salt the School Food and School Milk schemes of the EC are "hard measures" directly providing foods to (vulnerable or priority groups of) citizens. He mentioned that there are thoughts to enlarge the schemes to include more foods into a School Food Scheme with a higher budget. He stressed that the Nutrition Strategy had a significant impact on the nutrition criteria for what foods are eligible for distribution under the school schemes.
- [REDACTED] (DG ENV) informed that DG ENV is working on a Strategy on sustainable food, so for the future work it will be important to link health and diet to sustainability and the reduction of food waste.
- [REDACTED] (DG EAC) informed about the planned proposal for a Council recommendation on health-enhancing physical activity (HEPA).

Implications/Impact/Actions:

- This external evaluation will provide a useful input to the Commission for deciding the policy priorities in the area of nutrition, physical activity and health, in particular related to chronic noncommunicable diseases. Our involvement as 'in-house science service' is very much appreciated by our DG SANCO (C4) colleagues during and after this evaluation process.
 - The final report will be presented on 20 June 2013 at the Joint meeting of the two forums linked to the strategy (EU Platform and HLG) and will feed into the discussion of future directions, both from the EC and the Member States.
- This evaluation report but even more the discussion during the EU Platform/HLG meeting in June with the presence of Commissioner T. Borg and SANCO Dir Gen [REDACTED] will help us shaping further the multiannual work plan for the PHPS Unit and nutrition team, respectively.

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Date:

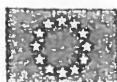
19/6/2013

Approved:

[REDACTED]

Date:

19.6.2013



MISSION REPORT 25

Mission Objective: International Conference Nutrition: to give a presentation at the symposium "Towards an European School Food and Nutrition Network" and hold a meeting with relevant partners

Date and Place: 18- 19th September, Granada, Spain

Name of Mission Holder	Mission Number	Unit Name/Number
[REDACTED]	OM-13-819582	PHPS/102

Other Participants from the JRC / EC	Institute / DG	Unit Name/Number

Other External Participants	Organisation
Over 4000 delegates at International Conference Nutrition [REDACTED]	WHO Europe Public Health Nutrition Research Lda

Summary of the Mission:

I travelled to Granada to attend the International Conference on Nutrition and in particular participate in the session "Towards an European School Food and Nutrition Network" that we co-organised with [REDACTED] and [REDACTED] (see above). I delivered a presentation on our current work on School Food Policies. The talk - in particular the work we are developing and its results - were very well received. Our goal when co-organising this session was also to evaluate the need, by those working on using schools as platforms for health and nutrition foods, for a network devoted to this topic. The session was attended by many participants that expressed great interest in this network.

Implications/Impact/Actions:

- Given the interest on this area of work by 1) DG-SANCO and member states and 2) researchers and individuals working on school food and nutrition-related policies as well as 3) the upcoming European Action Plan on Childhood Obesity we believe that it is timely and of great interest to pursue the idea of the network we have been developing with the colleagues cited above. We will participate in a COST call next Spring for this effect and will explore with DG-SANCO their interest in this action.
- Once our on-going data analysis is complete, we will organise a workshop at the JRC to present our findings on school food policies and together with other experts individuate evidence-based best practice examples. The results should inform our planned report and possibly a peer-reviewed publication with our WHO and PHN Research colleagues.



MISSION REPORT 26

Mission Objective: Participation in meetings of the "High Level Group on Nutrition and Physical Activity" (HLG) and "EU platform for Action on diet, physical activity and health"

Date and Place: 19-20 June 2013, Brussels, Belgium

Name of Mission Holder	Mission Number	Unit Name/Number
[REDACTED]	OM-13-808808	PHPS/I2
[REDACTED]	OM-13-804706	PHPS/I2

Other Participants from the JRC / EC	Institute / DG	Unit Name/Number
[REDACTED]	Commissioner	Health & Consumers
[REDACTED]	DG SANCO	Dir. Gen
[REDACTED]	DG SANCO	C3 (acting C director)
[REDACTED]	DG SANCO	C4
[REDACTED]	DG SANCO	E4
[REDACTED]	DG EAC	E3

Other External Participants	Organisation
- Member State representatives in the High Level Group on Nutrition and Physical activity - Stakeholders (Industry, NGOs) in the field of food, nutrition, public health, physical activity	EU MS & Norway, Switzerland, governmental

Summary of the Mission:

The purpose of the mission was to participate in the meetings of the DG SANCO-chaired "EU Platform for Action on diet, physical activity and health" (19 June) and the "High Level Group on Nutrition and Physical Activity" (HLG) (20 June afternoon) as well as in the annual joint meeting of the two forums. These two forums are key tools for the European Commission towards achieving the objectives of the EU Nutrition Strategy (White paper on "A strategy for Europe on nutrition, overweight, and obesity-related health issues" COM(2007) 279 final).

Highlights of the meetings included:

- Commissioner Borg presented his views on the near future to the HLG and EU Platform and delivered the mandate from the EU Health Ministers to the HLG to develop an EU Action Plan on Childhood Obesity 2014-2020.
- Later on, the Irish presidency based on the results of a preliminary questionnaire to MS delegates of the HLG, presented proposals for key elements of the Action Plan. A need for setting up a smaller working group better defining the elements of the Action Plan emerged from the discussion. The JRC was invited to participate in the working group developing the details of the Action Plan.
- Results of the external evaluation of the Nutrition Strategy (6 years from implementation) were presented by the consortium and discussed with both HLG and EU Platform members. Overall, the evaluators recognised the added value of EU-level coordination of the Strategy and highlight its effective implementation. Taking into account the sustained magnitude of the problem of overweight and obesity, the

evaluators support continuation of the Strategy and the implementation of instruments, and provide specific recommendations for future work

- At the HLG meeting we presented the progress and results of our mapping exercise of existing policies for school food standards across the EU-28 plus Norway and Switzerland. Next steps are to extract and analyse the detailed school meal standards, such as what "school meals" (lunch, breakfast, in-between meals, vending machines, school kiosks, etc.) are covered and whether the standards refer to general nutrition recommendations or are nutrient-/food-/food groups-based etc. The findings will be used to facilitate an informed discussion at the next HLG meeting on 25 November.
- At the EU Platform meeting, IBF International Consulting presented both the 2012 Annual Platform report as well as the Special monitoring report (2006-2012). A key discussion point is the need to improve reporting practices including developing guidance for the use of indicators to facilitate quantitative assessments and evaluating the impact of pledges from Platform members. A working group will be set up after the summer on commitment monitoring and reporting.

Implications/Impact/Actions:

- The proposed EU Action Plan on Childhood Obesity comes at a critical time when with the current EP and Commission in place no new EU policy in the field of nutrition and physical activity for promoting good health and preventing chronic diseases and obesity will be implemented. Our work started on school meal standards across the EU 28 + CH. NO is well timed with this new policy initiative and we should emphasise further our work towards prevention of childhood obesity.
- Our invitation by the chair, [REDACTED] participate fully in the working group for further developing the elements of the EU Action Plan is a great opportunity and also a sign of our improved and close working relation with DG SANCO on public health nutrition. We welcome this opportunity and see it as recognition of the work we have been developing with DG SANCO.
- The collaboration of the JRC Nutrition team with DG SANCO is praised and our work is acknowledged and highlighted in the external evaluation report of the Nutrition Strategy.
- Issues around monitoring and evaluation of initiatives, both by the public and private stakeholders, as well as the lack of solid data, indicators and guidelines are re-current themes in both EU Platform and HLG. This is an interesting area for the PHPS to explore; it links to our efforts in nutrition economics and we are keen to explore it further.

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[REDACTED]

Date:

10/07/2013

Approved:

[REDACTED]

Date:



MISSION REPORT 27

Mission Objective: Meeting with WHO Europe and ICCR (International Chair Cardio-metabolic Risk) (ASIDE OF GROUP MISSION TO ESOF 2014)

Date and Place: 23rd June 9 -14h, Copenhagen

Name of Mission Holder	Mission Number	Unit Name/Number
[REDACTED]	DF-14-912427	PHPS/I02

Other Participants from the JRC / EC	Institute / DG	Unit Name/Number

Other External Participants	Organisation
[REDACTED] and other WHO colleagues	WHO Europe
[REDACTED]	ICCR
[REDACTED]	Harvard School public Health
[REDACTED]	Laval University
[REDACTED]	Queen's University

Summary of the Mission

In addition to the ESOF2014 sessions, I attended a meeting with WHO Europe and the ICCR (International Chair Cardio-metabolic Risk), a Canada-based Chair that aims to raise awareness of abdominal obesity as a "new" risk factor that, along with traditional risk factors, figures largely in global cardiometabolic risk. SC introduced the JRC, the work of the Nutrition team along with the role of the EC as whole as well as the instruments used to reach to MS in the area of Nutrition and Public Health. On the other hand, the meeting was an opportunity for three of the Chair's scientific board members (as above) to present the latest evidence on Cardiometabolic risk, its relation to waistline measurement and the limitations of BMI as a health indicator. The Chair believes that the current focus on BMI and weight loss is counterproductive and calls for adopting, in addition to BMI, other indicators such as waistline measurement or health behaviours. For example the chair believes that weight loss should not be the primary outcome of obesity management. Increased physical activity and healthier eating habits should be promoted for their global effects on health as a whole and not as "means to weight loss or maintenance. The quality of the evidence presented and of the arguments put forward by the chair is high and convincing and the message is important and pertinent.

Implications/Impact/Actions:

- Propose to SANCO C4 to invite the Chair for a presentation in one of the upcoming HLG meetings.
- Reflect on the findings on abdominal waist measurements and the limitations of BMI, alternative indicators?

- Ensure that the message we (as Nutrition team transmit on the health benefits of physical activity and healthy eating goes beyond pure weight management).

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Approved:

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Date:

1st July 2014

Date:

22/6/14



MISSION REPORT 28

Mission Objective: Giving invited presentation on "Recent developments and publications" to the High Level Group of Nutrition and Physical Activity and attend the High Level Conference on Nutrition and Physical Activity

Date and Place: 23-26 February 2014, Athens, Greece

Name of Mission Holder	Mission Number	Unit Name/Number
[REDACTED]	OM-14-885389	PHPS/1.2

Other Participants from the JRC / EC	Institute / DG	Unit Name/Number
[REDACTED]	DG SANCO	DDG
	DG SANCO	C3 (acting C director)
	DG SANCO	C4
	DG SANCO	E4
	DG SANCO	02
	DG RTD	E4
	DG EAC	D2

Other External Participants	Organisation
Government representatives in High Level Group and invited High Level Conference Participants	EU MS, NO, CH, WHO, Health Ministers, Scientists, Stakeholders

Summary of the Mission:

On invitation by DG SANCO I presented to the High Level Group of Nutrition and Physical Activity (HLG) recent developments and publications in the science and policy environment. This presentation is a service from the European Commission to this MS forum, which was created following the White Paper on "A strategy on nutrition, overweight, and obesity-related health issues" (COM(2007) 279 final), and the JRC has taken over this task from DG SANCO following a meeting between JRC I2 and SANCO C4 Heads of Unit [REDACTED] and [REDACTED] on 9 January 2014. The content of the presentation is determined by inputs from SANCO colleagues, JRC colleagues, input HLG members and a selection of scientific articles and reports that is oriented towards the main topic addressed during the day. The HLG members confirmed their interest and appreciation for this service as they have too little time and opportunities to follow recent developments themselves, in particular in the EU policy context and in scientific research. The main topic on 24 February was childhood obesity.

The rest of the HLG meeting was devoted to discussing and finalising the EU Action Plan on childhood obesity 2014-2020 (AP). In the end, the AP was agreed upon the HLG members, with the exception of the Dutch and Swedish HLG members, who both adhered to the Dutch statement: "the Netherlands can not support the Action Plan at the current moment, because it considers most of the actions lacking cross-border elements and having a dominant national character, thus falling under national responsibility. Therefore the Netherlands regards the Action Plan as not being sufficiently in line with subsidiarity requirements in order to

legitimize an Action Plan coordinated." Fortunately the inclusion of this footnote lead to the acceptance of the AP by the HLG forum and is now published on the EC websites:

http://ec.europa.eu/health/nutrition_physical_activity/docs/childhoodobesity_actionplan_2014_2020_en.pdf

The flash report of the meeting can be found here:

http://ec.europa.eu/health/nutrition_physical_activity/docs/ev_20140224_flash_en.pdf

On 25 & 26 February the High Level Conference on Nutrition and Physical Activity took place on invitation by the Greek presidency. Replacing Commissioner T. Borg, [REDACTED] opened and closed together with the Greek health minister the conference and urged for stepping up action, in particular with respect to halting the worrying rise in childhood obesity. In the following, the AP was officially presented and discussed by the participants. Other topics included active and healthy ageing, physical activity and in general the promotion of good health and the prevention of chronic diseases.

Implications/Impact/Actions:

- The endorsement of the AP is an important milestone in the current political climate and gives a mandate to continuing working on nutrition and physical activity for the EC and the two forums, the HLG and the EU Platform. A progress report in 2017 on the AP is envisaged as is an evaluation for 2020.
- The presentation on recent developments and publications was well received and the participants expressed their appreciation for and satisfaction with this service provided by the JRC.
- The JRC's school mapping exercise was presented during the HL conference by both [REDACTED] (SANCO) and the Irish HLG delegate presenting the AP. Consequently, the JRC enjoys an increased visibility in this recent field of policy support.

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Signed: [REDACTED]

Date: 28/2/14

Approved: [REDACTED]

Date: 28/2/14



MISSION REPORT 29

Mission Objective: Presenting at the meeting of the European Platform for Action on Diet, Physical Activity and Health

Date and Place: Brussels, 24/11/2014

Name of Mission Holder	Mission Number	Unit Name/Number
[REDACTED]	DF-14-984293	PHPS/I.2
	DF-14-990668	PHPS/I.2

Other Participants from the JRC / EC	Institute / DG	Unit Name/Number
[REDACTED]	SANCO	C4
	SANCO	E4
	CONNECT	G1

Other External Participants	Organisation
Stakeholders in EU Platform	Industry and industry associations, NGOs, interest groups, academia

Summary of the Mission:

The purpose of the mission was to attend and give presentations at the Meeting of the European Platform for Action on Diet, Physical Activity and Health. The meeting focused on the topic of marketing and advertising, in particular to children.

EW gave a presentation summarizing the available evidence on effects of advertisement on consumer behaviour, which served as a basis for further discussion of the commitments of the platform.

JW gave a presentation on latest and upcoming events as well as most recent scientific publications with a focus on marketing and advertising to children where possible. JW used the opportunity to highlight two recent JRC reports in the field on school food and food foresight as well as the 5th International Conference on Future-Oriented Technology Analysis (FTA) organised by the JRC.

The World Federation of Advertisers (WFA) presented a further extension of the scope by the end of 2016 of one of the most prominent commitments of the EU Platform, the EU pledge, an advertisement self-regulation initiative by the leading EU food and beverage companies on advertising to children under the age of twelve (<http://www.eu-pledge.eu/>). Companies currently joining this initiative already commit by the end of 2014 to refraining from advertising foods and beverages to children in TV programs, print and internet media sites that target children, except for products that meet certain nutrient criteria. Although there is still need for further discussion about this commitment between stakeholders, the agreement on a common set of nutrient criteria is to be considered an important achievement on one of the

most controversial issues, i.e., the classification of the "healthiness" of foods based on nutrient profiling models and thresholds.

A presentation by [REDACTED] from WHO EURO on the latest progress of governments aiming for agreeing on a common nutrient profiling model connected well to the EU pledge criteria. In fact, this model is intended as a reference to be used on a voluntary basis by WHO EURO member countries if they wish to regulate marketing and advertising to children.

Agenda, a flash report summarizing the meeting and presentation slides can all be found here http://ec.europa.eu/health/nutrition_physical_activity/events/ev_20141124_en.htm

Implications/Impact/Actions:

- The invitation for two presentations at this stakeholder forum increases the JRC's visibility and is fruit of the intensifying collaboration between SANCO C4 and PHPS.
- In connection to the EXPO 2015 in Milan, there will be two meetings organised at the JRC Ispra: i) on 4 May 2015 the meeting of the High Level Group on Nutrition and Physical Activity (HLG), government representatives) and ii) on 5 May a meeting of the EU Platform directly following on from the opening conference on nutrition and physical activity organised by SANCO (2 May 2015)
- A PHPS internal reflection on the form and content of future JRC presentations at both the EU Platform and HLG (and eventually the Alcohol forum) would be useful to ensure efficient use of PHPS resources; the current format of the regular "What is New (WiN)" presentations (7 presentations envisaged for 2015) requires significant resource investment while its value in contributing towards a better evidence base for policy making may be questioned as it only highlights a few recent scientific publications in a non-systematic manner.

Comments:

Signed:

Date: 11/12/2014

Approved:

Date:



MISSION REPORT 30

Mission Objective: Participate to the 2nd meeting of the working group on Monitoring and Reporting for the EU Platform for Action on Diet, Physical Activity and Health

Date and Place: 24 October 2014, Brussels, Belgium

Name of Mission Holder	Mission Number	Unit Name/Number
[REDACTED]	OM-14-979814	PHPS/1 2

Other Participants from the JRC / EC	Institute / DG	Unit Name/Number
[REDACTED]	DG SANCO	C4
	DG SANCO	E4

Other External Participants	Organisation
Stakeholders from the EU Platform	FoodDrinkEurope (FDE), International Baby Food Action Network (IBFAN), and EuroHealthNet

Summary of the Mission:

On invitation by DG SANCO I participate to an EU Platform Working Group on Monitoring and Reporting. The EU Platform for Action on Diet, Physical Activity and Health is a Commission-chaired multi-stakeholder forum for European-level organisations, ranging from the food industry to consumer protection NGOs, willing to commit to tackling current trends in diet and physical activity. With the EU Platform being in place for almost 10 years (since 2005) and having placed over 300 commitments this WG seeks to improve current monitoring and reporting practices in order to improve the quality and relevance of commitments, to enhance transparency, in particular related to funding of Platform members and, last but not least, to improve the ability to demonstrate the impact of voluntary actions via a multi-stakeholder approach. This WG works on three main topics:

- Clearer description of EU Platform members for increasing transparency: Since in the current annual reports, EU Platform members are crudely divided into 'non-for-profit' and 'for-profit' and this classification is not informative as most Platform members are 'non-for-profit' associations, even if they represent the industry, a new classification system is searched for. Lively discussions around conflicts of interest and the self-classification as 'non-governmental organisation' (NGO) for a high diversity of groups with different interests (such as mainly business vs. mainly public interests, as well as 'hybrids' in the form of public-private partnerships) showed how sensitive and not-straightforward stakeholder classifications are. All members were invited to propose a classification system, possibly based on existing schemes.
- Advisory committee for new commitments: A similar controversial debate took place around the role of this envisaged committee. The main view in the EU Platform plenary is that commitments should be mainly proposed in the 'core business' of stakeholders and should link to the general objectives of the EU Platform and the EU nutrition strategy. Contrary to the wishes of some members, the new advisory group will not judge on the content of a commitment or whether it conforms to the above, but will

'only' provide feedback on the description of the objective and the envisaged monitoring indicators with the aim to improve monitoring and reporting practice of EU Platform commitments. This responds to observations of certain shortcomings in recent plenary discussions as well as a special monitoring evaluation and latest annual reports. Any other judgement on new proposed commitments will stay directly with the plenary.

- Indicators for monitoring outcome/impact: The controversies described above highlight the importance of appropriate monitoring and use of meaningful indicators that allow objective and possibly independent evaluation of commitments or the EU Platform as a whole. Unfortunately, there was no time left to enter this agenda point. Nevertheless, it became evident that assessing the impact of commitments or the EU Platform as a whole is still in an early stage and issues to be addressed beyond identifying appropriate indicators include also who should undertake (credible) outcome/impact monitoring or what additional monitoring requirements could be requested from stakeholders without compromising the willingness to make new pledges.

Implications/Impact/Actions:

- The outcome of the work of the WG so far will be presented back to the EU Platform plenary on 24 November 2014 for further discussions and decisions on the proposed modifications to the monitoring and reporting practices.
- DG SANCO in agreement with the other WG members proposed the JRC, due to its scientific competence and independence, to be part of the advisory group giving feedback on new commitments' monitoring and reporting issues. The EU Platform plenary still needs to decide to establish such an advisory group. Should it be established, the working format would be via email, telephone-/video-/web-based conferences and possibly one or two physical meetings per year in conjunction with EU Platform plenary meetings to keep extra travelling to a minimum.
- It is very positive to note that after directly supporting DG SANCO as well as the MS (through the HLG forum) the JRC is now also asked to give scientific support to this multi-stakeholder platform. The EU Platform's very practical work in implementing voluntarily food reformulation, promoting physical activity, reducing advertising to children and more is crucial for the objectives of reducing obesity and other diet- and lifestyle-related diseases, in particular at EU level, where not a lot of 'hard' legislation in relation to nutrition and physical activity can be expected.

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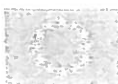
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Date:



MISSION REPORT 31

Mission Objective:

To attend and act as rapporteurs at the EXPO event "Physical activity & sedentary behaviour surveillance and assessment – maximizing Europe's resources" held at the EU Pavilion, EXPO

Date and Place: 14th May 2015, Milan

Name of Mission Holder	Mission Number	Unit Name/Number
[REDACTED]	DF-15-1063452	PHPS/I2
[REDACTED]	DF-15-1063806	PHPS/I2

Other Participants from the JRC / EC	Institute / DG	Unit Name/Number
[REDACTED]	JRC	EU Expo 2015 Taskforce

Other External Participants	Organisation
Representatives from academia, public and private sectors	WHO, Nike

Summary of the Mission:

The Determinants of Diet and Physical Activity (DEDIPAC) European knowledge hub, partly funded by the European Commission through the EU Joint Programming Initiative 'A Healthy Diet for a Healthy Life', organised a workshop on physical activity (PA) and sedentary behaviour (SB) surveillance and assessment at the EU Pavilion at Expo. We were asked by the EU EXPO 2015 Task Force to act as rapporteurs on behalf of the JRC and assist [REDACTED] (a member of the EU Expo Steering Committee) in writing the workshop report.

The event showcased the measurement, surveillance and monitoring, and evaluation aspects of studying PA. Data showed huge disparity in PA levels and SB between Northern and Southern Europe, with the North being more sedentary than their southern counterparts. Limitations including the use of self-reported data (measurement bias and misreporting), temporal trends (changes with methodology overtime, reducing comparability over the years) and varying interpretations of data by researchers remain as key challenges in this field. To address such challenges, the International Children Accelerometer database (ICAD) is the first to pool PA data from 20 large studies (>31,000 children) to improve the study of PA in a cost-effective way. The WHO is currently drafting the 'European physical activity strategy' to be in line with WHO/Europe's Health 2020 policy framework, which will be presented in September 2015.

Implications/Impact/Actions:

- The event informs our current work on the policy briefs, which evaluate public health interventions that promote physical activity as well as healthy eating

- Interesting data and networks to consider for the Peer-Active project
- The event increases PHPS's visibility in the field. The EU Expo Steering Committee and the EU EXPO 2015 Task Force are grateful for our support and input during the workshop and for the workshop report

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Date: 18/05/2015

Approved:

[Redacted]

Date:



MISSION REPORT 32

Mission Objective: To participate in the 4th International Forum on Food and Nutrition event

Date and Place: Bocconi University, Milan, Italy, 28th-29th November 2012

Name of Mission Holder	Mission Number	Unit Name/Number
[REDACTED]	DF-12-742321	PHPS / I.02

Other Participants from the JRC / EC	Institute / DG	Unit Name/Number
[REDACTED]	DG SANCO	Director General
[REDACTED]	DG AGRI	Cabinet member

Other External Participants	Organisation
Various stakeholders in food & nutrition	WHO, FAO, academia, NGOs, industry

Summary of the Mission:

The 4th International Forum on Food and Nutrition, organised by the Barilla Centre for Food & Nutrition, hosted an impressive array of internationally recognised experts from the food, nutrition and agricultural areas. The main topics discussed this year were the effects of global and regional food (in)security in political stability and public health, the emerging paradox of malnutrition and obesity in the developing world, the future of food and nutrition in 20 years, as well as food waste and approaches for its reduction. Other interesting side topics dealt with food prices and their volatility, how to communicate with the consumers in the area of food and nutrition as well as best practices against childhood obesity.

Implications/Impact/Actions:

Almost all topics discussed in the forum were of great interest for the current activities of the nutrition group. In particular, the sessions on the food insecurity, food prices and the future of eating provided valuable insight for our ongoing Food Foresight study, while the food waste sessions provided valuable information for our current food waste questionnaire project. Several of the speakers were approached and some of them expressed interest in further discussions/collaborations with the JRC: [REDACTED] (writer) would be willing to be invited and give a lecture on the global food situation, [REDACTED] (writer and scenario planner) would be willing to be involved in the Food Foresight study. [REDACTED] (Academic public health expert) is interested in collaborations regarding out of home eating, while [REDACTED] Nobel Prize for Peace 2007, Intergovernmental Panel on Climate Change) declared his availability for further consultations regarding food accessibility in European urban centres in the future.

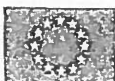
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Date: 20/12/2012

Approved: [REDACTED]

Date:



MISSION REPORT 33

Mission Objective: Participation meetings of the "High Level Group on Nutrition and Physical Activity" and "EU platform for Action on diet, physical activity and health"

Date and Place: 14-15 November 2012, Brussels, Belgium

Name of Mission Holder	Mission Number	Unit Name/Number
[REDACTED]	OM-12-734804	PHPS/I2

Other Participants from the JRC / EC	Institute / DG	Unit Name/Number
[REDACTED]	DG SANCO	Dir. Gen
[REDACTED]	DG SANCO	Principal Advisor
[REDACTED]	DG SANCO	C4
[REDACTED]	DG SANCO	E4
[REDACTED]	DG RTD	E3

Other External Participants	Organisation
<ul style="list-style-type: none">- Member State representatives in the High Level Group on Nutrition and Physical activity- Stakeholders (Industry, NGOs) in the field of food, nutrition, public health, physical activity	EU MS & Norway, Switzerland, governmental

Summary of the Mission:

The purpose of the mission was to participate in the meetings of the DG SANCO chaired "EU Platform for Action on diet, physical activity and health" (14 November morning) and the "High Level Group on Nutrition and Physical Activity" (15 November all day) as well as in the annual joint meeting of the two communication forums linked the EU Nutrition Strategy (14 November afternoon). The two communication forums are key tools for the European Commission towards achieving the objectives of the so-called EU Nutrition Strategy (White paper on "A strategy for Europe on nutrition, overweight, and obesity-related health issues" COM(2007) 279 final).

Highlights included

- the presentation of the World Federation of Advertisers' (WFA) Nutrition Criteria White Paper setting the threshold for advertising food products to children less than 12 years for the EU Pledge
- the renewed commitment on Guideline Daily Amounts (GDAs) on food labels by the food industry
- the presentation of preliminary results from the survey of ongoing food reformulation activities in the MS related to fat, saturated fats and trans fats
- the presentation of the UK Public Health Responsibility Deal, which is based on pledges by food business operators similar to the EU pledges of the EU platform
- the presentation by [REDACTED] of the final results of the FP7 project EATWELL
- the presentation of the "LiveWell for Life" project by WWF aiming to develop potential win-win policy scenarios demonstrating that what is good for the health of our planet is good for our health, too.

Last but not least, DG SANCO's general director P. Testori-Coggi participated in the joint meeting of the two forums and stressed that the work on the two major risk factors - unhealthy diets and physical inactivity - remains a priority in the healthcare agenda and is linked to the prevention of chronic diseases, which impose a great burden on healthcare systems. She put forward four priorities for the future: food reformulation, advertising standards, physical activity and prevention advocacy.

Implications/Impact/Actions:

- The commitment by P. Testori-Coggi towards continuing the work of the Nutrition Strategy beyond its ongoing evaluation in 2013 is reassuring for the IHCP nutrition activity and will be followed up by dedicated meetings between SANCO C4 and IHCP to identify concrete projects of IHCP support.
- On a bilateral level I have discussed with SANCO officer [REDACTED] that they would appreciate help in analysing, summarising and presenting the information provided by MS regarding ongoing activities related to food reformulation and to improving food provision in schools and pre-schools as well as in analysing dossiers such as the nutrition criteria used by WFA for restricting advertising to children. All these dossiers are very technical and would benefit from the scientific know-how of IHCP.

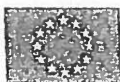
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MISSION REPORT 34

Mission Objective: To deliver invited presentation on "Recent developments and publications" to the EU Platform for Action on Diet, Physical Activity and Health plenary

Date and Place: Luxembourg, 23/09/2015 - 24/09/2015

Name of Mission Holder	Mission Number	Unit Name/Number
[REDACTED]	DF-15-1112276	PHPS/L2

Other Participants from the JRC / EC	Institute / DG	Unit Name/Number
[REDACTED]	SANTE	C4
[REDACTED]	SANTE	E4
[REDACTED]	RTD	F3

Other External Participants	Organisation
Members of the EU Platform for Action on Diet, Physical Activity and Health (Stakeholders)	Industry and industry associations, NGOs, interest groups, academia

Summary of the Mission:

On invitation by DG SANTE I presented to the EU Platform for Action on diet, physical Activity and health recent developments and publications in the science and policy environment. This presentation is a service from the European Commission to this stakeholder forum and the JRC has taken over this task from DG SANTE following a meeting between JRC I2 and SANTE C4 Heads of Unit [REDACTED] on 9 January 2014. The content of the presentation is determined by inputs from SANTE colleagues, JRC colleagues, input from the EU Platform and a selection of scientific articles and reports that is oriented towards the main topic addressed during the day. The main focus of this meeting and my presentation was on food reformulation (e.g., reductions of salt, sugars, saturated/trans fats, energy per portion, portion sizes of pre-packaged foods). My presentation was well received and several comments/questions were put forward, such as on the possible impact of replacing trans fats/partially hydrogenated oils with high-saturated fat oils, in particular palm oil or whether improvements seen in the European health report 2015 and global burden of disease study 2013 in life expectancy in Europe were accompanied also by improvements in healthy life years (HLY).

[REDACTED] from the Dutch Ministry of Health, Welfare and Sport, indicated that food composition will be among the priorities of the upcoming Dutch Presidency (first half of 2016) given its relevance for public health, the internal market and product innovation. [REDACTED] DG SANTE, reported on the ongoing work of the High Level Group on Nutrition and Physical Activity (EU28 government representatives) on the 'nutrients framework' (an integrated approach aiming at steering population nutrient intakes towards recommended intakes); this

includes a focus on reducing sugars/energy intake and discussions towards 'improving the dynamics of the EU Platform'. In relation to this, the chair [REDACTED] elaborated on current ideas to have an 'independent 3rd party' contracted with the aim to 'challenge' EU Platform members' commitments to improve the 'SMARTness' of the objective(s), ambitiousness of the commitment as well as its alignment with the overall shared aims (to be renewed/agreed upon at upcoming EU Platform plenary meeting) of the EU Platform. Upon inquiry of Platform members, [REDACTED] stated that SANTE's favourite '3rd party' was the JRC and referred to ongoing negotiations between the two EC services.

FoodDrinkEurope (FDE), Ferrero, MARS as well as the European soft drinks industry (UNESDA) jointly with the International Sweeteners Association (ISA) presented their past efforts and pledges towards further improving the nutrient composition of foods.

Moreover, three European Research projects related to improvements of nutrient composition of foods (TeRiFiq, PLeASURE) and increased satiety/satiation (SATIN) were presented indicating that technology was made available and at reach to support the reformulation efforts of companies, in particular SMEs.

Agenda, presentations and flash report can be found at:

http://ec.europa.eu/health/nutrition_physical_activity/events/ev_20150924_en.htm

Implications/Impact/Actions:

- The possible role for the JRC as '3rd party independent evaluator' challenging commitments of the EU Platform members is interesting and at the same time potentially politically sensitive. NGOs have repeatedly asked for an institution/group that would evaluate (and potentially reject) commitments put forward by other members. Examples where NGOs wish to 'reject' commitments include those where the food industry is involved in education, in particular of health care professionals, parents, or children.
- In a break, [REDACTED] SANTE E4, reiterated her rather urgent need for input to ongoing discussions in the WG on food reformulation/nutrients framework of the High Level Group on Nutrition and Physical Activity on possible health benefits of increasing EU population wide dietary fibre intakes via increasing the fibre content of the most widely used refined ('white') flour for bread, pasta etc. We had this ad hoc support from JRC to SANTE anticipated for the new PHPS health economist who, however, will now only start during the first half of 2016. We could explore internally whether we find a way to provide at least a brief concept note with a very preliminary view on dietary fibre-related health benefits and current intakes, including from bread/pasta, in the EU/selected EU MS. This project could then initiate in 2016 with the start of the health economist and of the envisaged AA between SANTE and JRC

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Signed: [REDACTED]

Date: 11/10/2015

Approved: [REDACTED]

Date: 11/10/2015



MISSION REPORT 35

Mission Objective: Participate in DG SANCO chaired first meeting of the working group for the development of an EU Action Plan on Childhood Obesity

Date and Place: 25th October 2013, Brussels, Belgium

Name of Mission Holder	Mission Number	Unit Name/Number
[REDACTED]	OM- 13- 849979	PHPS/I2

Other Participants from the JRC / EC	Institute / DG	Unit Name/Number
[REDACTED]	DG SANCO	C4
	DG SANCO	E4
	DG AGRI	D3
	DG EAC	D2

Other External Participants	Organisation
- HLG members participating in the drafting of the Action Plan	Government representatives

Summary of the Mission:

- The purpose of the mission was to participate in the 1st drafting meeting for developing the details of an EU Action Plan on Childhood Obesity 2014-2020. The drafting group consists of government representatives of the High level Group on Nutrition and Physical Activity (HLG) and EC officials from DG SANCO, EAC, AGRI and JRC.
- The discussions were based on a first draft text of the Action Plan consisting of a context part, which presents the description of the current situation and a rationale for the Action Plan, as well as a table including the proposed operational objectives, actions, actors and indicators based on the input from the 11 MS participating to the drafting group.
- Most of the discussions were devoted to the introductory text setting the scene and providing the rationale. Although several useful amendments and improvements of the text were done it seems that the crucial parts of the Action Plan to be discussed are in the operational objectives and actions proposed by the MS. It was, therefore, a bit unfortunate that there wasn't enough time available to discuss the table of actions including what indicators should be used and whether/how targets should be defined. It

was decided to ask for written comments to the draft Action Plan and to discuss the revised version during the 2nd drafting group meeting with the aim to arrive to a sufficiently consolidated version to be presented to the HLG plenary on 25 November.

Implications/Impact/Actions:

- The participation to this working group gives the JRC not only the possibility to provide scientific input to the development of the Action Plan but also to be closely involved in any future monitoring, amendment or evaluation of the Action Plan.
- In the absence of new EC initiatives prior to 2015 or beyond due to the EP elections and the end of the current period of the EC college, this Action plan will be the main policy driving force in the area of nutrition and health. In addition, new funding possibilities for the JRC may come with the Action Plan and this involvement improves the JRC's chances of possible available external income.
- The chair asked written input to the current draft for developing a revised version to be discussed in the second drafting group meeting on 7 November in Luxembourg. Objective is to arrive to a consolidated draft to be presented to and discussed by the HLG meeting on 25 November (all 30 HLG MS, EU28 + NO, CH). Further objective is to have the EU Action Plan endorsed by EU Health Ministers during the Greek presidency (first half of 2014).

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MISSION REPORT 36

Mission Objective:

To attend DG SANTE expo event "Nutrition, Health and Food Information? Know what you eat"

Date and Place: 3rd July 2015, Rho

Name of Mission Holder	Mission Number	Unit Name/Number
[REDACTED]	DF-15-1088108	PHPS/I2

Other Participants from the JRC / EC	Institute / DG	Unit Name/Number
[REDACTED]	SANTE	E.4
[REDACTED]	SANTE	E.4
[REDACTED]	JRC	DDG.02

Other External Participants	Organisation
Representatives from academia, public and private sectors	WHO, US FDA and others

Summary of the Mission:

This EXPO event was organised by DG SANTE E.4 which focused on promoting better nutrition through food information. The conference was organised into four panel sessions on 1) international strategies on nutrition promotion; 2) consumer understanding of food information (e.g. labelling); 3) food information on allergens; and 4) future technological applications on nutrition. Summaries of the key speeches/ discussions relevant to our work are as follows:

- Former Health Commissioner Tonio Borg gave a keynote speech which shed light on EU politics surrounding food information to consumers, including issues such as food labelling and health claims. He also argued that fiscal measures to increase the price of unhealthy food may be more effective than labelling or nutrition education.
- WHO [REDACTED] discussed several challenges consumers face: lack of common understanding of what constitutes a healthy diet; tsunami of food information at the point of sale, but also lack of food information when eating out; and unequal food distribution systems. Moreover, he reaffirmed WHO's decision to reduce free sugar intake recommendation from 10% to 5% of daily total energy intake was backed up by scientific evidence when challenged by [REDACTED] (former SANTE E4 HoU).
- FDA provided insight on US regulation on food labelling and that declaration of calories on menus is mandatory in eating establishments. Mandatory labelling is required for added sugars, total fat, saturated fat, calcium, vitamin D, potassium, and iron on nutrition fact labels.

- [REDACTED] also argued the political struggles in raising profiles of public health strategies compare to other EU strategies due to the slow return on investment in public health. He urged that more research on health and socio-economic impact of long term public health investment is needed. He also emphasised the responsibility of public health authorities in MS to enable consumer understanding of food labels. Tonio Borg also supported that the focus on economics is critical to move health and nutrition up the Brussels political agenda.
- Regarding allergens, EU has very good information and data, and it is the first to legislate declaration of allergens on food packaging. The new EU law on food information to consumers mandates clearer and harmonised presentation of allergens (e.g. soy, nuts, gluten, lactose) for prepacked foods in the list of ingredients, as well as mandatory allergen information for non-prepacked food, including in restaurants and cafes, to be effective by December 2016.

Implications/Impact/Actions:

- The event highlighted very important areas of nutrition that are of direct relevance to our upcoming work programme, including our support to SANTE and High Level Group on EU food reformulation activities on sugar, salt and fat (WP 2016, Deliverables 5, 7, 8), and our work on cost-effectiveness and economic evaluation on whole grain flour usage v.s. refined flour on health and public services (WP 2016, Deliverable 2)
- Written notes are available for colleagues interested in the discussions of the event

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Date: 08/07/2015

Approved:

[REDACTED]

Date: 8/7



MISSION REPORT 37

Mission Objective:

To present our work on school environment and childhood obesity at the 2015 International Society for Behavioral Nutrition and Physical Activity (ISBNPA) annual meeting

Date and Place: 3-6th June 2015, Edinburgh

Name of Mission Holder	Mission Number	Unit Name/Number
[REDACTED]	DF-15-1048105	PHPS/I2

Other Participants from the JRC / EC	Institute / DG	Unit Name/Number
None		

Other External Participants	Organisation
Academics from Europe, U.S., Australasia	Various research institutions

Summary of the Mission:

The ISBNPA is the biggest annual international forum to discuss the latest research on behavioural nutrition and physical activity interventions and strategies to reduce and prevent childhood obesity. Around 1200 participants from 40+ countries attended. I gave an oral presentation on behalf of the nutrition team on our activities supporting the EU Action Plan on Childhood Obesity, including the school food policy mapping exercise and our current work on policy briefs to evaluate the effectiveness of school interventions to promote healthy eating and water intake (Project #426, Deliverables 5&6). Attendees commented on the usefulness of the country factsheets and their interests on using policy briefs as tools to translate knowledge into policy.

There is an increasing interest on social and policy change in nutrition and obesity at ISBNPA, which is very relevant to our work at the JRC. One keynote speaker [REDACTED] presented the model of "strategic science" to magnify the impact of research on policy. He emphasised the broad gap between evidence and policy in the real world. He urged the need for research to address gaps in knowledge important to policy decisions, not just for their fellow academics, and there is also a need for reciprocal flow of information between researchers and policy makers. It was noted that scientific publications tend not to be helpful to policy makers in the absence of policy briefs, and clear statements of the relevance of evidence to specific policy questions should be made. (More info: Strategic science with policy impact; *Lancet*. 2015; <http://www.sciencedirect.com/science/article/pii/S0140673614623977>)

Implications/Impact/Actions:

- The event informs our current work on the policy briefs
- Interesting networks to consider for the Peer-Active project

- The event increases JRC's visibility in the field, especially in relation to research for policy
- ISBNPA newly formed Special Interest Group (SIG) on "Policies and Environments" was looking for volunteers, I expressed my interest in supporting future activities

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Date: 09/06/2015

Approved:

[REDACTED]

Date: 12/6



EUROPEAN COMMISSION

JOINT RESEARCH CENTRE

Institute for Health and Consumer Protection

MISSION REPORT 38

Mission Objective: Participate in Workshop "Delivering on EU food safety and nutrition in 2050"
Date and Place: CCAB, Brussels, 31st May 2013

Name of Mission Holder	Mission Number	Unit Name/Number
[REDACTED]	CH-15-2013-20	PHPS/12
Other Participants from the JRC / EC	Institute / DG	Unit Name/Number
[REDACTED]	JRC	A1
Several SANCO colleagues inc	JRC	D5
[REDACTED]	SANCO	(E4, B1)
[REDACTED]	SANCO	DDG Dir. E, F and G
[REDACTED]	SANCO	Adviser for Economics
[REDACTED]	EFSA	
Other External Participants	Organisation	
~ 20 experts mostly from academia		

Summary of the Mission:

DG SANCO commissioned a foresight study on "Delivering on EU food safety and nutrition in 2050". With this study, SANCO wants to understand whether the current EU food legislative framework can meet future challenges and if not what are the building blocks for a new one that would keep standards as high as they currently are. This workshop was the first of other planned workshops and meant to engage experts in discussing the methodology, the drivers (that were pre-defined and selected by the contractors) and their implications for the future EU food safety and nutrition. The contractor produced preparatory materials that were used as starting points to break out session discussions. The participants were engaged and had the right mix and high-level of expertise which led to interesting and lively discussions that added much to the work pre-done but also unveiled many important limitations of the exercise. My working group debated about two of the drivers: demographics and social cohesion as well as consumer attitudes and behaviour. We discussed in depth the provision of healthy/unhealthy food products, their health implications and how to instigate healthier food choices overall, including taxes and incentives at different levels, food labelling, public food procurement, the role of ICT etc. I will gladly share the workshop report to any interested colleagues as soon as it is made available

Implications/Impact/Actions:

- There was consensus in my group (and in the forecasts made by the contractors) that the current EU framework is not successfully addressing issues like Obesity and NCDs. I hope that the output of this exercise will reflect that and, if given the opportunity, I would very much like to continue being part of this exercise to ensure it will indeed reflect this need.
- I was happy to note that there was great interest in areas such as consumer behaviour research and moving beyond standard consumer surveys as currently practiced. This fact very much supports the need for work such as the one developed by our BE team.
- The work being developed by SANCO and the contractors can complement our foresight study on research priorities for food and health. Given the limitations of the current state of their exercise, I am unsure how their work will now develop. The methodology used in this study differs considerably from that used by ourselves in our foresight analysis (thanks to the expertise and coordination from JRC A1). Seeing how different the outcomes can be, this experience greatly reinforced my confidence in the methodology our study is using

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Date: 6.6.2013

Approved: [REDACTED]

Date: 6.6.2013



MISSION REPORT 39

Mission Objective: Meeting I: JRC colleagues on Food foresight study
Meeting II: SANCO colleagues on areas of cooperation between the Nutrition team and SANCO C4

Date and Place: 21st January 2013, Brussels

Name of Mission Holder	Mission Number	Unit Name/Number
[REDACTED]	OM-13-756359	PHPS/I02
[REDACTED]	OM-13-756507	PHPS/I2

Other Participants from the JRC / EC	Institute / DG	Unit Name/Number
[REDACTED] (Meeting I)	JRC	
[REDACTED] (Meeting I)	IRMM/JRC	
[REDACTED] (Meeting II)	SANCO	C4
[REDACTED] (Meeting II)	SANCO	C4/E4
[REDACTED] (Meeting II)	SANCO	E4
Other External Participants	Organisation	

Summary of the Mission:

The first meeting with our JRC A1 and IRMM colleagues was a brainstorming session on the food foresight study (selection of relevant drivers for the future scenarios in foods for health). A follow up meeting is scheduled for the 29-30th January in Ispra.

The second meeting followed on a previous VC where the possibility of strengthening the collaboration between the nutrition team of the IHCP and SANCO C4 (Health Determinants) was discussed. SANCO is currently undergoing re-structuration and the unit in charge of the nutrition activity is understaffed. The collaboration with the IHCP is therefore welcome. For the same reason, though it was also pointed out that SANCO could not, at this point in time, commit resources to longer term collaborations in this area. We explored the feasibility of carrying out a project compiling and assessing public initiatives and measures in the EU27 related to food provision in schools (from crèche to secondary schools). This would include school meals and standards, vending machines availability and their contents, legal or voluntary frameworks supporting these measures but could also be extended to the coverage of nutrition and health aspects in school curricula or physical activity levels. Another aspect that could be contemplated in such a project relates to the milk and fruit school schemes and their interrelation with these measures. This is in line with the joint effort from the MS for improving food provision to children in schools and pre-schools by exchanging best practices that is facilitated by the European Commission.

Implications/Impact/Actions:

The support to SANCO in their implementation of the Strategy has been contemplated in the nutrition WP for 2013. We agreed to conduct the study described above and the IHCP will now present a more concrete proposal and a framework for its execution at the next Meeting of the High Level Group on Nutrition and Physical Activity, the Commission-chaired forum for interaction between MS representatives, on the 7th February. The IHCP also agreed to provide SANCO with regular input on recent advances in nutrition sciences. This already happens in the form of the Nutrition Research Highlights newsletter but can be extended.

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Signed: (Name/s of mission holder/s) [REDACTED]

Date: 24/04/2013

Approved: [REDACTED]

Date: