

Working document – Cannot be considered or interpreted as the official position of the European Commission

ANNEX

Regulation (EU) No 432/2012 is amended as follows:

In the Annex, the following entries of permitted health claims are inserted in an alphabetical order:

Nutrient, substance, food or food category	Claim	Conditions of use of the claim	Conditions and/or restrictions of use of the food and/or additional statement or warning	EFSA Journal number	Relevant entry number in the Consolidated List submitted to EFSA for its assessment
Alpha-cyclodextrin	Consumption of alpha-cyclodextrin as part of a starch-containing meal contributes to the reduction of the blood glucose rise after that meal	The claim may be used for food which contains at least 5 g of alpha-cyclodextrin per 50 g of starch in a quantified portion as part of the meal. In order to bear the claim information shall be given to the consumer that the beneficial effect is obtained by consuming the alpha-cyclodextrin as part of the meal.		2012;10(6):2713	2926
Docosahexaenoic acid (DHA)	DHA contributes to the maintenance of normal blood triglyceride levels	The claim may be used only for food which provides a daily intake of 2 g of DHA and which contains DHA in combination with eicosapentaenoic acid (EPA). In order to bear the claim, information shall be given to the consumer that the beneficial effect is obtained with a daily intake of 2 g of DHA. Information shall also be given to consumers not to exceed a daily intake of 5 g of EPA and DHA combined.	The claim shall not be used for foods targeting children.	2010;8(10):1734	533, 691, 3150

Nutrient, substance, food or food category	Claim	Conditions of use of the claim	Conditions and/or restrictions of use of the food and/or additional statement or warning	EFSA Journal number	Relevant entry number in the Consolidated List submitted to EFSA for its assessment
Docosahexaenoic acid and Eicosapentaenoic acid (DHA/EPA)	DHA and EPA contribute to the maintenance of normal blood pressure	The claim may be used only for food which provides a daily intake of 3 g of EPA and DHA. In order to bear the claim, information shall be given to the consumer that the beneficial effect is obtained with a daily intake of 3 g of EPA and DHA. Information shall also be given to consumers not to exceed a daily intake of 5 g of EPA and DHA combined.	The claim shall not be used for foods targeting children.	2009; 7(9):1263 2010;8(10):1796	502, 506, 516, 703, 1317, 1324
Docosahexaenoic acid and Eicosapentaenoic acid (DHA/EPA)	DHA and EPA contribute to the maintenance of normal blood triglyceride concentrations	The claim may be used only for food which provides a daily intake of 2 g of EPA and DHA. In order to bear the claim, information shall be given to the consumer that the beneficial effect is obtained with a daily intake of 2 g of EPA and DHA. Information shall also be given to consumers not to exceed a daily intake of 5 g of EPA and DHA combined.	The claim shall not be used for foods targeting children.	2009; 7(9):1263 2010;8(10):1796	506, 517, 527, 538, 1317, 1324, 1325
Dried plums of 'prune' cultivars (<i>Prunus domestica</i> L.)	Dried plums/prunes contribute to normal bowel function	The claim may be used only for food which provides a daily intake of 100 g of dried plums (prunes). In order to bear the claim, information shall be given to the consumer that the beneficial effect is obtained with a daily intake of 100 g of dried plums (prunes).		2012;10(6):2712	1164

Nutrient, substance, food or food category	Claim	Conditions of use of the claim	Conditions and/or restrictions of use of the food and/or additional statement or warning	EFSA Journal number	Relevant entry number in the Consolidated List submitted to EFSA for its assessment
Fructose	Consumption of foods containing fructose leads to a lower blood glucose rise compared to foods containing sucrose or glucose	In order to bear the claim, glucose and/or sucrose should be replaced by fructose in sugar-sweetened foods or drinks so that the reduction of glucose and/or sucrose in these foods or drinks complies with the claim REDUCED [NAME OF THE NUTRIENT] as listed in the Annex of Regulation (EC) No 1924/2006.		2011;9(6):2223	558
Carbohydrates	Carbohydrates contribute to the maintenance of normal brain function	[to be further discussed]		2011;9(6):2226	603, 653