


Proposal Evaluation Form

	EUROPEAN COMMISSION Horizon 2020 - Research and Innovation Framework Programme	Evaluation Summary Report - Research and innovation actions/Innovation actions
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Call: H2020-SC1-2017-Two-Stage-RTD
Funding scheme: RIA
Proposal number: 754919-2
Proposal acronym: UPRIGHT
Duration (months): 48
Proposal title: Universal Preventive Resilience Intervention Globally implemented in schools to improve and promote mental Health for Teenagers
Activity: SC1-PM-07-2017

N.	Proposer name	Country	Total Cost	%	Grant Requested	%
1	ASOCIACION CENTRO DE EXCELENCIA INTERNACIONAL	ES	926,710	23.92%	926,710	23.92%
2	EN INVESTIGACION SOBRE CRONICIDAD	IT	661,250	17.07%	661,250	17.07%
3	FONDAZIONE BRUNO KESSLER	PL	447,500	11.55%	447,500	11.55%
4	Urząd Marszałkowski Województwa Dolnośląskiego	NO	308,686.25	7.97%	308,686.25	7.97%
5	NORGES TEKNISK-NATURVITENSKAPELIGE UNIVERSITET	IS	141,250	3.65%	141,250	3.65%
6	NTNU	DK	701,250	18.10%	701,250	18.10%
7	EMBAETTI LANDLAEKNIIS	IS	687,568.75	17.75%	687,568.75	17.75%
	AARHUS UNIVERSITET					
	HASKOLI ISLANDS					
	Total:		3,874,215		3,874,215	

Abstract:

Schools provide a unique location to implement universal programs for promoting mental health and wellbeing. Universal Preventive Resilience Intervention Globally Implemented In Schools To Improve And Promote Mental Health For Teenagers (UPRIGHT) project aims to deploy and evaluate a holistic inclusive intervention for a whole school environment. UPRIGHT general objective is to promote mental wellbeing and prevent mental disorders by enhancing resilience capacities in youths, through a holistic approach addressing early adolescents, families and education professionals. UPRIGHT conceptual framework is structured in four different domains (effective coping skills, self-efficacy; social emotional learning; mindfulness; positive parenting skills). Three of the domains target youths and teachers, whereas the last one is for families. The project consists of 4 main building blocks: 1) co-creation (co-design, co-production and co-customization) of the intervention in EU regions; 2) deployment of resilience interventions; 3) process and outcome evaluation; 4) transfer learning on implementation of positive culture of mental wellbeing to future regional, national and pan European programs. The UPRIGHT program will be implemented in 5 pilot sites across Europe representing different regions and income countries: Poland (Lower Silesian), Spain (Basque Country), Italy (Trento), Denmark (Denmark) and Iceland (Reykjavik capitol area). Schools of the pilot regions already have committed their participation (Letter of intent included in part4-5 of the proposal).

Evaluation Summary Report

Evaluation Result

Total score: 14.00 (Threshold: 12)

Form information

SCORING

Scores must be in the range 0-5.

Interpretation of the score:

- 0** The proposal fails to address the criterion or cannot be assessed due to missing or incomplete information.
- 1 Poor.** The criterion is inadequately addressed, or there are serious inherent weaknesses.
- 2 Fair.** The proposal broadly addresses the criterion, but there are significant weaknesses.
- 3 Good.** The proposal addresses the criterion well, but a number of shortcomings are present.
- 4 Very good.** The proposal addresses the criterion very well, but a small number of shortcomings are present.
- 5 Excellent.** The proposal successfully addresses all relevant aspects of the criterion. Any shortcomings are minor.

Criterion 1 - Excellence

Score: **4.50** (Threshold: 4/5.00 , Weight: -)

The following aspects will be taken into account, to the extent that the proposed work corresponds to the topic description in the work programme:

Clarity and pertinence of the objectives

Soundness of the concept, and credibility of the proposed methodology

Extent that proposed work is beyond the state of the art, and demonstrates innovation potential (e.g. ground-breaking objectives, novel concepts and approaches, new products, services or business and organisational models)

Appropriate consideration of interdisciplinary approaches and, where relevant, use of stakeholder knowledge

The proposal fully addresses the scope of the call. The objective of this project is to promote mental health and well-being by addressing early adolescents, families, teachers, and the culture of the school. The holistic whole-school approach and the focus on enhancing resilience are known to be effective in school mental health promotion. The innovative parts of this proposal are the active co-creation methodology involving adolescents, families, teachers, and policy makers and the adaptation of the program to the specific characteristics and needs of different European regions. The mixed method evaluation is convincingly described, especially the qualitative part. The two-wave evaluation strategy allows to adapt and improve the intervention in step 2.

Some minor shortcomings have been identified by the evaluation panel, such as the vagueness of the descriptions of the co-creation procedure and the intervention framework developed in phase 0. More detailed information about this framework would help to clarify how the authors plan to combine intervention strategies (Cognitive behavioural therapy vs. mindfulness).

Criterion 2 - Impact

Score: **5.00** (Threshold: 4/5.00 , Weight: -)

The following aspects will be taken into account:

The extent to which the outputs of the project would contribute to each of the expected impacts mentioned in the work programme under the relevant topic

Any substantial impacts not mentioned in the work programme, that would enhance innovation capacity, create new market opportunities, strengthen competitiveness and growth of companies, address issues related to climate change or the environment, or bring other important benefits for society

Quality of the proposed measures to:

- exploit and disseminate the project results (including management of IPR), and to manage research data where relevant
- communicate the project activities to different target audiences

The experts' panel notes that the proposal shows a very high potential for improving the mental health and well-being in youth in both the short and long term, thereby creating a strong evidence base for mental health promotion in European schools. The dissemination plan and the communication strategy is well elaborated. Anticipated barriers are outlined along with strategies to overcome them. The evaluation panel appreciates the high variety of tools for knowledge transfer and knowledge translation and that the intervention materials will be downloadable, free and open access.

Criterion 3 - Quality and efficiency of the implementation

Score: **4.50** (Threshold: 3/5.00 , Weight: -)

The following aspects will be taken into account:

Quality and effectiveness of the work plan, including extent to which the resources assigned to work packages are in line with their objectives and deliverables

Appropriateness of the management structures and procedures, including risk and innovation management

Complementarity of the participants and extent to which the consortium as a whole brings together the necessary expertise

Appropriateness of the allocation of tasks, ensuring that all participants have a valid role and adequate resources in the project to fulfil that role

The work packages of the project are well described and the tasks are adequately allocated across the team members. The deliverables are clearly related to specific tasks and resources assigned to work packages are in line with their objectives. The members of the consortium have relevant expertise in each of the interventions proposed, as well as in their assessment. An appropriate risk management strategy is described. While expressing minor concerns regarding the short timespan (9 months) for the work packages 2 and 3, the expert panel very much appreciates the use of regional intervention teams. The team-based approach will facilitate the implementation of the project activities and increase the overall impacts.

Scope of the proposal

Status: **Yes**

Comments (in case the proposal is out of scope)

Not provided

Operational Capacity

Status: **Operational Capacity: Yes**

If No, please list the concerned partner(s), the reasons for the rejection, and the requested amount.

Not provided

Exceptional funding of third country participants/international organisations

A third country participant/international organisation not listed in [General Annex A to the Main Work Programme](#) may exceptionally receive funding if their participation is essential for carrying out the project (for instance due to outstanding expertise, access to unique know-how, access to research infrastructure, access to particular geographical environments, possibility to involve key partners in emerging markets, access to data, etc.). (For more information, see the [Online Manual](#))

Based on the information provided in the proposal, we consider that the following participant(s)/international organisation(s) that requested funding should exceptionally be funded:

(Please list the Name and acronym of the applicant, Reasons for exceptional funding and the Requested grant amount.)

Not provided

Based on the information provided in the proposal, we consider that the following participant(s)/international organisation(s) that requested funding should NOT be funded:

(Please list the Name and acronym of the applicant, Reasons for exceptional funding and the Requested grant amount.)

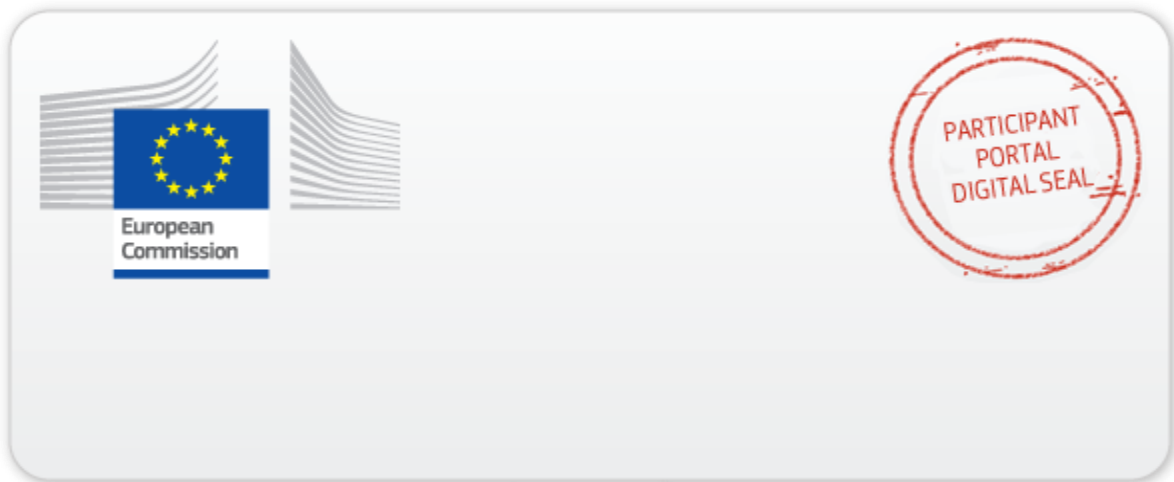
Not provided

Use of human embryonic stem cells (hESC)

Status: **No**

If yes, please state whether the use of hESC is, or is not, in your opinion, necessary to achieve the scientific objectives of the proposal and the reasons why. Alternatively, please also state if it cannot be assessed whether the use of hESC is necessary or not because of a lack of information.

Not provided



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